

## Up A Notch

32 Count, 2 Wall, Beginner

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Choreographed to: Up by The Saturdays

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Intro: 32 count.

### **Vine R, Step, Touch, Step, Touch**

- 1-4 Step to R side, L behind R, R to right side, Touch L next to R,  
5-8 Step L to left side, Touch R next to L, Step R to right side, Touch L next to R,

### **Vine L, Step, Touch, Step, Touch**

- 1-4 Step L to left side, R behind L, L to left side, Touch R next to L,  
5-8 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,

### **Rocking Chair, Walk, Walk, Walk, Together**

- 1-4 Rock fwd on R, Recover back on L, Rock back on R, Recover fwd on L,  
5-8 Walk forward, R, L, R, Step L next to R,

### **1/4 Pivot, 1/4 Pivot, Out, Out, In, In**

- 1-4 Step fwd on R, Pivot 1/4 right on L, Step fwd on R, Pivot 1/4 right on L,  
5-8 Step R to right side, Step L to left side, Step R in, Step L next to R,

**TAG:** Easy 8 count TAG is done facing the back wall, at the END of Wall 9.

### **Just The Arms, R, Hold, L, Hold, Cross, Hold, Down, Hold.**

- 1-2 Look R as R hand goes straight out to R side, (1), Hold(2),  
3-4 Look L as L hand goes straight out to L side, (3), Hold (4),  
5-6 Look Forward, Arms crossed at Chest(5), Hold (6),  
7-8 Drop both arms to sides(7), Hold(8)
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