

Best Friends!

64 count plus 8 count tag, 2 wall, intermediate level
Choreographer: M.T.Groove (UK) Feb 04
Choreographed to: Why you follow me by Eric Benet
– D'Influence Radio Edit on CD compilation ' Kiss
Smooth Grooves 2000'

Start with the tag as you hear Spanish music kick in – Main dance starts on vocals.

SIDE TOUCHES X2, TRIPLE FULL TURN, BACK ROCK POINT.

1-2-3-4 Step R big step to R side, Touch L next to R, Repeat leading L.
5&6 Make full turn travelling R stepping R,L,R.
7&8 Rock L behind R, Recover R, Point L to L side.

CROSS TWINKLE ¼ TURN, KICK & TOUCH, L SHUFFLE, TRIPLE ¾ TURN.

1&2 Cross L over R, Step R to R side as you ¼ turn L, Step L in place.
3&4 Kick R forward. Step back onto R, Touch L next to R.
5&6 Step forward L, Close R next to L, Step forward L.
7&8 Make ½ turn L stepping back on R, Make ¼ turn L step L to L, Touch R toe across L as you lean body back.

HIP SWAYS, BEHIND & CROSS. HIP SWAYS, BEHIND TURN STEP.

1-2 Step R to R side as you sway your hips R,L.
3&4 Step R behind L, Step L to L side, Cross R over L
5-6 Step L to L side as you sway your hips L,R.
7&8 Step L behind R, Step forward R making ¼ turn R, Step forward L.

WALK WALK, STEP PIVOT STEP, FULL TURN, STEP PIVOT STEP.

1-2 Walk forward R,L.
3&4 Step forward R, Pivot ½ turn L, Step onto R.
Step back on L as you make ½ turn R, Step forward R as you ½ turn R.
7&8 Step forward L, Pivot ½ turn R, Step forward L.

STEP TOUCH, SIDE ROCK & STEP, ROCK ½ TURN, KICK & TOUCH.

1-2 Step forward R, Touch L next to R.
3&4 Rock L to L side, Recover R, Step forward L.
5&6 Rock forward R, Recover L, Make ½ turn R stepping forward R.
7&8 Kick L forward, Step on L as you ¼ turn L, Touch R next to L.

SIDE ROCK RECOVER HITCH, CROSS SHUFFLE, SIDE PRESS RECOVER, BEHIND SIDE CROSS.

1&2 Rock R to R side, Recover L, Hitch R knee across L as you raise up on ball of L.
3&4 Cross R over L, Step L to L side, Cross R over L.
5-6 Step L to L side pressing on ball of L with L leg slightly bent, (upper body leans over L leg), Recover R.
7&8 Step L behind R, Step R to R side, Cross L over R.

SIDE ROCK & CROSS, POINT SWITCH POINT, & CROSS UNWIND, HIP BUMPS.

1&2 Rock R to R side, Recover L, Cross R over L.
3&4 Point L to L side, Step L in place(&), Point R to R side.
&5-6 Step R in place(&), Cross L over R, Unwind ½ turn R.
7&8 Bumps hips forward, back, forward. – Weight ends up forward on R.

STEP, TOE TOUCHES, & STEP PIVOT, R PRESS, L COASTER STEP.

1-2& Step forward L, Touch R toe across L, Step R in place.
3&4 Touch L toe across R, Step L in place, Step forward R.
5-6 Pivot ½ turn L, Step forward R pressing onto ball of R – lean forward.
7&8 Step back L, Step R next to L, Step forward L.

Tag:

1&2 Rock R behind L, Recover L, step R to R side.
3&4 Repeat above leading with the L.
5&6 Rock forward R, Recover L, Step R in place.
7&8 Bump hips L,R,L – Weight is now on L.

Tag is danced 3 times only:

Start the dance with it!

Wall 2: Tag is danced after count 8 on section 4 (you'll be facing the 9 O'clock wall) continue with rest of dance.

Wall 3: Danced at end of wall 3 – facing 6 o'clock wall.
