

ROCK, RECOVER, CROSS & CLAP; ROCK RECOVER, CROSS & CLAP

- 1 - 4 Step right foot to right, recover on left to left, cross right foot over left, then clap. (weight on right)
5 - 8 Step left foot to left, recover on right to right, cross left foot over right, then clap (weight on left)

BACK, TOGETHER, FORWARD & HOLD

- 1 - 4 Step back on right foot, step left back next to right (weight on left) step forward on right & hold. (weight on right)

KICK, STEP, KNEE KNOCKS, KICK, STEP, KNEE KNOCKS

- 1 - 4 Kick left forward, step left next to right (feet slightly apart) knock knees together twice
5 - 8 Kick right forward, step right next to left (feet slightly apart), knock knees together twice (weight on right)

STEP 1/4 TURN LEFT, CLAP; STEP 1/2 TURN BACK LEFT & HOLD, KICK STEP, HEEL DIG, HEEL DIG

- 1 - 4 Step left foot to left while turning 1/4 turn left & clap, turn 1/2 a turn left, stepping right foot back & hold. (weight on right)
5 - 8 Kick left foot forward, step left forward, (weight on left); dig right heel forward twice. (weight on left)

STEP TOGETHER CLAP; STEP TOGETHER CLAP

- 1 - 2 Step right foot forward at 45 degrees, touch left foot next to right & clap (weight on right)
3 - 4 Step left foot forward at 45 degrees, touch right foot next to left & clap (weight on left)

REPEAT**TAG**

/There is an 8 beat sequence to bring the dance back into phrase with the music. Once you have repeated the dance 4 times you should be facing the front wall. Before starting the dance for the fifth time do the 8 count sequence and then continue the dance normally.

SWIVET RIGHT, SWIVET LEFT WITH 1/4 TURN TO LEFT & TOUCH

- 1 With weight on the ball of left foot turn left heel to left; with weight on right heel point right toe to right
2 Bring left heel back to neutral at the same time bring right toe back to neutral
3 With weight on left heel point left toe to left, with weight on ball of right foot turn right heel to right while turning 1/4 turn to left
4 Touch right foot next to left foot

POINT, CROSS, POINT, CROSS

- 1 - 2 Point right toe to right side, cross right foot in front of left (weight on right foot)
3 - 4 Point left toe to left side, cross left foot in front of right (weight on left foot)

/To end the dance neatly, you will do the turn to face the front wall & the music will break, finish off the dance. Then step right foot to right side & do hip rolls either way & then do a hip bump with the last drum beat.