

## Best Day Of My Life

Phrased, 4 Wall, Intermediate, Samba

Choreographer: Jennifer Malcom-Brown (May 2014)

Choreographed to: Best Day Of My Life by American Authors

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Sequence: AABC, BAA, B(1-22) CB DD B(1-22) CC Ending

Start dancing on lyrics

### PART A

#### WALK, WALK, LEFT BOTA FOGO, WALK, WALK, RIGHT BOTA FOGO

- 1-2 Step left forward, step right forward
- 3a4 Step left forward, rock right side, recover to left
- 5-6 Step right forward, step left forward
- 7a8 Step right forward, rock left side, recover to right

#### LEFT VOLTA, RIGHT VOLTA

- 1a2a Cross left over, step right side, cross left over, step right side
- 3a4 Cross left over, step right side, cross left over
- 5a6a Cross right over, step left side, cross right over, step left side
- 7a8 Cross right over, step left side, cross right over  
Turn ¼ left to start the next section

### PART B

#### MAMBO MAN'S BASIC

- 1-4 Rock left forward, recover to right, step left together, hold
- 5-8 Rock right back, recover to left, step right together, hold

#### MAMBO MAN'S SIDE BREAK

- 1-4 Rock left side, recover to right, step left together, hold
- 5-8 Rock right side, recover to left, step right together, hold

- 1-2-3 Step left back, step right back, step left back
- 4&5 Right coaster step
- 6-7-8 Hold for 3 counts

### PART C

#### BOTA FOGOS

- 1a2 Step left forward, rock right side, recover to left
- 3a4 Step right forward, rock left side, recover to right
- 5a6 Step left forward, rock right side, recover to left
- 7a8 Step right forward, rock left side, recover to right

#### ¼ TURNS

- 1a Step right forward, turn ¼ left (weight to left)
- 2a Step right forward, turn ¼ left (weight to left)
- 3a Step right forward, turn ¼ left (weight to left)
- 4a Step right forward, turn ¼ left (weight to left)

#### SAMBA MAXIXE

- 5a Step right heel forward, step left slightly back
- 6a Step right toe back, step left slightly forward
- 7a Step right heel forward, step left slightly back
- 8a Step right toe back, step left slightly forward

#### BOTA FOGOS

- 1a2 Turn ¼ left and step right forward, rock left side, recover to right
  - 3a4 Step left forward, rock right side, recover to left
  - 5a6 Step right forward, rock left side, recover to right
  - 7a8 Step left forward, rock right side, recover to left
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- 1a Step left forward, turn ¼ right (weight to right)
  - 2a Step left forward, turn ¼ right (weight to right)
  - 3a Step left forward, turn ¼ right (weight to right)
  - 4a Step left forward, turn ¼ right (weight to right)

**SAMBA MAXIXE**

- 5a Step left heel forward, step right slightly back
- 6a Step left toe back, step right slightly forward
- 7a Step left heel forward, step right slightly back
- 8a Step left toe back, step right slightly forward

**PART D**

- 1-4 Step left side, touch right together, step right side, touch left together
- 5-8 Vine left turning a full turn left, touch right together  
Two claps optional on counts &8
  
- 1-4 Step right side, touch left together, step left side, touch right together
- 5-8 Vine right turning a full turn right, touch left together  
Two claps optional on counts &8

**ENDING**

- 8-1 Step left back, step right together