

U Hurt Me Bad

BEGINNER

64 Count

Choreographed by: Stephen "Razor Sharp" Sunter

Choreographed to: Hurt Me So
Bad (Almighty Radio Edit) by Lulu

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- RIGHT CROSS ROCK, LEFT CROSS ROCK, IN FRONT, RIGHT 1/2 TURN, ROCK FORWARD**
- 1 & 2 Right rock forward and across left, replace weight back to left, step right next to left
3 & 4 Left rock forward and across right, replace weight back to right, step left next to right
5 - 6 Step right in front of left, step left to left side making a 1/4 turn right
7 - 8 Make a 1/4 turn right on ball of left foot stepping right to right side, rock left forward and across right
- ROCK BACK, STEP LEFT, RIGHT SAILOR, LEFT SAILOR, RIGHT BEHIND, UNWIND 1/2 TURN RIGHT**
- 9 - 10 Replace weight to right, step left to left side
11 & 12 Step right behind left, step left to left, step right to right
13 & 14 Step left behind right, step right to right, step left to left
15 - 16 Cross right behind left, unwind 1/2 turn right, (weight ends on right)
- LEFT CROSS ROCK, RIGHT CROSS ROCK, IN FRONT, LEFT 1/2 TURN, ROCK FORWARD**
- 17 & 18 Left rock forward and across right, replace weight back to right, step left next to right
19 & 20 Right rock forward and across left, replace weight back to left, step right next to left
21 - 22 Step left in front of right, step right to right side making a 1/4 turn left
23 - 24 Make a 1/4 turn left on ball of right foot stepping left to left side, rock right forward and across left
- ROCK BACK, STEP RIGHT, LEFT SAILOR, RIGHT SAILOR, LEFT BEHIND, UNWIND 1/2 TURN LEFT**
- 25 - 26 Replace weight to left, step right to right side
27 & 28 Step left behind right, step right to right, step left to left
29 & 30 Step right behind left, step left to left, step right to right
31 - 32 Cross left behind right, unwind 1/2 turn left, (weight ends on left)
- HEEL & HEEL & TOE & TOE, 1/4 TURN HEEL & TOUCH, ROMP & STEP**
- 33 & 34 & Touch right heel forward, step right home, touch left heel forward, step left home
35 & 36 & Touch right toe back, step right home, touch left toe back, step left home making a 1/4 turn left
37 & 38 Touch right heel forward, step right home, touch left next to right
& 39 & 40 Step back left, touch right heel forward, step right home, step forward left
- RIGHT SHUFFLE, LEFT ROCK STEP, LEFT COASTER, STEP RIGHT, LEFT 1/2 PIVOT T**
- 41 & 42 Shuffle forward right, left, right
43 - 44 Rock forward left, replace weight to right
45 & 46 Step back left, step right next to left, step forward left
47 - 48 Step forward right, pivot 1/2 turn left
- RIGHT SHUFFLE, LEFT ROCK STEP, LEFT COASTER, STEP RIGHT, LEFT 1/2 PIVOT T**
- 49 & 50 Shuffle forward right, left, right
51 - 52 Rock forward left, replace weight to right
53 & 54 Step back left, step right next to left, step forward left
55 - 56 Step forward right, pivot 1/2 turn left
- STEP RIGHT, 1/2 PIVOT LEFT, FULL SPIN, TOUCH SIDE RIGHT, LEFT, RIGHT, HOLD**
- 57 - 58 Step forward right, pivot 1/2 turn left
59 - 60 Full spin on ball of left foot, turning left and touch right next to left
- /If you don't want to do the spin, replace with stepping right-left on 59&, then touch right on 60**
- 61 & 62 Touch right to right side, step right home, touch left to left side
& 63 - 64 Step left home, touch right to right side, hold and snap fingers

REPEAT