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Twist & Scuff

BEGINNER

32 Count 2 Walls

Choreographed by: Linda Evensen
Choreographed to: Heilt Flatt dekk by Asmund Amli Band

Fwd lock steps with scuffs 1 Step RF fwd 2 Lock LF behind RF 3 Step RF fwd 4 Scuff LF fwd 5 - 8 Repeat step 1-4 starting with LF Grapewines with scuffs and 1/2 turn right Step RF to right side 1 2 Cross LF behind RF Step RF to right side 3 Scuff LF fwd 4 5 Make 1/2 turn right, stepping LF to left side (facing 6 o'clock) 6 Cross RF behind LF Step LF to left side 7 Scuff RF fwd 8 Twist right, back rock with kick and hitch 1 - 4 Twist LF to right side: heel-toe-heel-toe, as your RF touches next to LF: toe-heel-toe-heel (moving right) Tag and restart here, on wall 3 5 - 6 Rock back on RF, recover onto LF Kick RF fwd 7 Continue to lift RF into a hitch (preparing for a step backwards) 8 Back locks with kick and hook Step back on RF 1 Lock LF in front of RF 2 3 Step back on RF 4 Kick LF fwd 5 Step back on LF 6 Lock RF in front of LF 7 Step back on LF 8 Hook RF over LF (Styling: touch your hat with right hand) Tag and restart: The dance has an easy tag on wall 3: (stomp, stomp) Dance 20 counts from the beginning: then add 2 stomps (right, left) You will be facing 6 o'clock Then restart the dance from the beginning and enjoy :-)