

Twist & Kick**BEGINNER**

60 Count

Choreographed by: Barbara Stocks

Choreographed to: Cut Me Off by Perfect Stranger

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- 1 - 4 Twist heels right, toes right, heels right, toes right.
5 - 8 Twist toes left, heels left, toes left, heels left.
9 - 12 Kick right 45 degrees twice, stomp right twice.
13 - 16 Kick left 45 degrees twice, stomp left twice.
17 - 20 Hop to side right, left together, clap, clap.
21 - 24 Hop to side left, right together, clap, clap.
25 - 28 Step forward right, kick left, step back left, touch right back.
29 - 32 Step forward right, kick left, step back left, right together.
33 - 36 Twist heels right, toes right, heels right, toes right.
37 - 40 Twist toes left, heels left, toes left, heels left.
41 - 44 Step right 45 degrees, left together twice with clap & kick at end.
45 - 48 Step left 45 degrees, right together twice with clap & kick at end.
49 - 52 Step forward right, pivot 1/2 turn to left, stomp right to left, clap.
53 - 56 Vine right (right-left-right, kick left 45 degrees with clap)
57 - 60 Vine left (left-right-left) right together.

REPEAT