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# Twist 600

64 Count, 2 Wall, Improver Choreographer: Ines Maaß (Germany) Jan 2012 Choreographed to: Twist by Miss 600

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Intro 24 Counts

- 1 R Point Across, Point Side, Point Across, Point Side, Flick, Point Side, Cross Side, Cross Shuffle
- 1-2 point right toes across LF, point right toes to right side,
- 3 & point right toes across LF, point right toes to right side,
- 4 & flick RF behind left leg, point right toes to right side,
- 5-6 cross RF over LF, step LF to left side,
- 7 & 8 cross RF over LF, step LF to left, cross RF over LF

#### 2 Side Sway, Swivets, Side Slide, Swivets

- 1-2 step LF to left side and sway hips left and right,
- 3&4& place weight on left heel and right ball and turn both toes to left, turn both toes back to center, (3 &)place weight on right heel and left ball and turn both toes to right, turn both toes back to center, (4 &) (take weight on LF)
- 5-6 big step to right side with RF, slide LF to RF,
- 7 & 8 & place weight on left heel and right ball and turn both toes to left, turn both toes back to center,
  (7 &) place weight on right heel and left ball and turn both toes to right, turn both toes back to center,
  (8 &) (take weight on RF)

#### 3 L Point Across, Point Side, Point Across, Point Side, Flick, Point Side, Cross Side, Cross Shuffle

- 1-2 point left toes across RF, point left toes to left side,
- 3 & point left toes across RF, point left toes to left side,
- 4 & flick LF behind right leg, point left toes to left side,
- 5-6 cross LF over RF, step RF to right side,
- 7 & 8 cross LF over RF, step RF to right, cross LF over RF,

# 4 Side Sway, Swivets, Side Slide, Swivets

- 1-2 step RF to right side and sway hips right and left,
- 3&4& place weight on left heel and right ball and turn both toes to left, turn both toes back to center, (3 &) place weight on right heel and left ball and turn both toes to right, turn both toes back to center, (4 &) (take weight on RF)
- 5-6 big step to left side with LF, slide RF to LF,
- 7 & 8 & place weight on left heel and right ball and turn both toes to left, turn both toes back to center,
  (7 &) place weight on right heel and left ball and turn both toes to right, turn both toes back to center, (8 &) (take weight on LF)

# 5 R Rock Forward, Shuffle ½ Turn R, Step ¼ Turn R 2 x

- 1-2 step forward on RF, recover on LF,
- 3 & 4 <sup>1</sup>/<sub>4</sub> turn right and step RF to right side, step LF together, <sup>1</sup>/<sub>4</sub> turn right and step forward on RF,
- 5-6 step forward on LF,  $\frac{1}{4}$  turn right (take weight on RF),
- 7-8 step forward on LF,  $\frac{1}{4}$  turn right (take weight on RF),
- Styling: on Counts 5 8 sway hips and bend elbows, hands shoulder height, palms to front and turn hands from left to right.

# 6 L Rock Forward, Shuffle ½ Turn L, Step ¼ Turn L 2 x

- 1-2 step forward on LF, recover on RF,
- 3 & 4 ¼ turn left and step LF to left side, step RF together, ¼ turn left and step forward on LF,
- 5-6 step forward on RF,  $\frac{1}{4}$  turn left (take weight on LF),
- 7-8 step forward on RF,  $\frac{1}{4}$  turn left (take weight on LF),
- Styling: on Counts 5 8 sway hips and bend elbows, hands shoulder height, palms to front and turn hands from right to left.

#### 7 Jazz Box Cross, 3 Step Turn R, Slide

- 1-4 cross RF over LF, step back on LF, step RF to right side, cross LF over RF,
- 5-8 1/2 turn right and step forward on RF, 1/2 turn right and step back on LF, 1/2 turn right and big step to right side on RF, slide LF to RF,

# 8 3 Step Turn L, Slide, Side Slide, Touch Behind Unwind 1/2 Turn L

- 1 4 <sup>1</sup>/<sub>4</sub> turn left and step forward on LF, <sup>1</sup>/<sub>2</sub> turn left and step back on RF,
- 1/4 turn left and big step to left on LF, slide RF to LF,
- 5-6 big step to right side on RF, slide LF to RF,
- 7-8 touch left toes behind RF, unwind  $\frac{1}{2}$  turn left and take weight on LF.

Ending: Dance wall 4 until the end of 7th section, then:

**1 ½ Turn L** ¼ turn left and step forward on LF, ½ turn left and step back on RF, ½ turn left and step forward on LF, ¼ turn left and step RF to right side. 1 – 4

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