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Turned On

BEGINNER 48 Count

Choreographed by: Kathy Dressel
Choreographed to: I Left
Something Turned On At Home by Trace Adkins

LUNGES Lunge right foot out to right side 1 2 Step right foot next to left 3 Lunge left foot out to left side 4 Step left foot next to right 5 Making 1/4 turn to left on ball of left foot, lunge right foot out to right (facing 9:00) Step right foot next to left 6 7 Lunge left foot out to left side 8 Step left foot next to right **MONTEREY TURNS** 9 Touch right foot out to right side 10 Make 1/2 turn to right on ball of left foot and step right foot next to left Touch left foot out to side 11 Step left foot next to right 12 13 - 16 Repeat steps 9-12 **KICK-BALL CHANGES AND TURNS** 17 Kick right foot forward Step ball of right foot next to left & 18 Step left foot in place next to right 19 Step right foot forward Make 1/2 turn to left, switching weight to left foot 20 21 - 24 Repeat steps 17-20 **JUMPS** & 25 Jump forward: right foot, left foot 26 Jump back: right foot, left foot & 27 28 Clap & 29 Jump forward: right foot, left foot 30 & 31 Jump back: right foot, left foot 32 Clap **STEP AND HOLDS** 33 - 34 Point right toe to right and hold Step right foot next to left & 35 - 36 Point left toe to left and hold Step left foot next to right 37 - 38 Touch right heel forward and hold Step right foot next to left & Touch left toe back and hold 39 - 40 **QUARTER TURNS** Step left foot small step forward & 41 Step right foot forward Make 1/4 turn to left, switching weight to left foot 42 Step right foot forward 43 44 Make 1/4 turn to left, switching weight to left foot STOMP AND BOUNCE Stomp right foot next to left (switch weight to right foot) 45 Stomp left foot next to right 46 47 - 48 With balls of both feet on floor, bounce heels twice, ending with weight on left foot

REPEAT