

Trust In Me**IMPROVER**

48 Count 4 Walls

Choreographed by: Mona Lesteborg

Choreographed to: If You

Don't Know Me By Now by Simply Red

Section 1 Step and slide 1/4 right turn. Triple full turn to right.

- 1 Step left foot to left side.
2 - 3 Slide right foot towards left foot, while making 1/4 turn to right. Ending slide with right foot in a "lock" in front of left foot.
4 - 5 - 6 Step right foot forward. Step left foot forward making 1/2 turn to right. Step right foot back making another 1/2 turn to right.

Section 2 Basic walz-steps forward. 2 steps back. 1/2 turn to right.

- 1 - 2 - 3 Step left foot forward. Step right foot beside left foot. Step left foot down beside right foot.
4 - 5 - 6 Step right foot back. Step left foot back. Step right foot back making 1/2 turn to right.

Section 3 Press and slide. Step and slide.

- 1 Press left foot forward (weight on left foot), slightly bending left knee.
2 - 3 Weight back on right foot, slide left foot towards right foot.
4 Step left foot to left side.
5 - 6 Slide right foot towards left foot.
& Step right foot down beside left foot.

Section 4 Step. Sweep. Turn. Stretch and point. 1/2 turn shifting weight.

- 1 Step left foot forward.
2 - 3 Sweep right foot around in the air (back to front).
& Bend right foot in towards left knee, making 1/2 turn to left, keeping weight on left foot.
4 Stretch right foot out back and point right toe down on the floor.
5 - 6 Make 1/2 turn to right, shifting weight over to the right foot.

Section 5 Basic walz-steps to left side. Right wine with 1/4 turn to right.

- 1 - 2 - 3 Step left foot to left side. Step right foot beside left foot. Step left foot down beside right foot.
4 - 5 - 6 Step right foot to right side. Cross left foot behind right foot. Step right foot to right side making 1/4 turn to right side.

Section 6 Step. 1 3/4 turn to right side. Slide left foot out and in beside right.

- 1 Step left foot forward.
2 1/2 pivot turn to right side, ending with weight on right foot.
& Step forward on left foot, making 1/2 turn to right side. (almost on the spot)
3 Step back on right foot, making 3/4 turn to right side. (almost on the spot)
4 Slide left foot out to left side, while slightly bending right knee.
5 - 6 Slide left foot in towards right foot.
& Step left foot down beside right foot.

Section 7 Twinkle step. Cross, 1/4 turn, sidestep.

- 1 - 2 - 3 Cross right foot in front of left foot. Step left foot diagonally forward left. Step right foot diagonally forward right.
4 - 5 - 6 Cross left foot in front of right. Step right foot to right side making 1/4 turn to left side. Step left foot to left side.

Section 8 Twinkle step. Cross, 1/4 turn, sidestep. Step down (weightshift).

- 1 - 2 - 3 Cross right foot in front of left foot. Step left foot diagonally forward left. Step right foot diagonally forward right.
4 - 5 Cross left foot in front of right. Step right foot to right side making 1/4 turn to left side.
6 & Step left foot to left side. Step right foot beside left foot.

1 restart Wall 1, after finishing section 4.