

Bells Of Freedom

64 Count, 2 Wall, Intermediate Social Cha
Choreographer: Alison Carrington (UK) July 2008
Choreographed to: Bells of Freedom by BWO
(Bodies Without Organs)

INTRO

Wait for 16 counts then do following:

- 1-2 Step on right as bend knees & turn ¼ left as straighten knees & heel dig with left
- 3-4 Step on left as bend knees & heel dig with right as straighten knees (9:00 wall)
- 5-6 Step on right as bend knees & turn ¼ left as straighten knees & heel dig with left
- 7-8 Step on left as bend knees & heel dig with right as straighten knees (6:00 wall)
- 9-10 Step on right as bend knees & turn ¼ left as straighten knees & heel dig with left
- 11-12 Step on left as bend knees & heel dig with right as straighten knees (3:00 wall)
- 13-14 Step on right as bend knees & turn ¼ left as straighten knees & heel dig with left
- 15-16 Step on left as bend knees & heel dig with right as straighten knees (12:00 wall)

THE MAIN DANCE

WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

- 1-2-3&4 Walk forward right, left, step right forward, bring left to right, step right forward
- 5-6-7&8 Walk forward left, right, step left forward, bring right to left, step left forward

KICK, BEHIND, ROCK & CROSS, KICK, BALL, CROSS, STEP & SLIDE

- 1-2-3&4 Kick right to right, bring right behind left, rock onto left, rock onto right, cross left over right
- 5&6-7-8 Kick right forward, step on right, cross left over right, step right to right & slide left to right

TOUCH, HOLD, TOUCH, HOLD, WALK BACK, BACK, UNWIND ½ TURN

- 1-2&3-4 Touch left to left, hold, bring left to right & touch right to right & hold
- &5-6-7-8 Bring right to left, walk back left, right & bring left behind right & unwind ½ turn left

SIDE ROCK, BEHIND, SIDE, CROSS, KICK, BALL, CROSS TWICE

- 1-2-3&4 Rock right to right, rock onto left, bring right behind left, step left to left, cross right over left
- 5&6-7&8 Kick left forward, step on left, cross right, kick left forward, step on left, cross right

STEP, HEEL DIG, STEP, HEEL DIG, STEP ½ TURN, STEP ½ TURN

- 1-2 Step on left bending knees slightly, heel dig right as straighten legs
- 3-4 Step on right bending knees slightly, heel dig left as straighten legs
- 5-6 Step left forward & make ½ turn over right, stepping on right
- 7-8 Step left forward & make ½ turn over right, stepping on right

STEP, HEEL DIG, STEP, HEEL DIG, STEP ¼ TURN, STOMP, STOMP

- 1-2 Step on left bending knees slightly, heel dig right as straighten legs
- 3-4 Step on right bending knees slightly, heel dig left as straighten legs
- 5-6-7-8 Make a ¼ turn right stepping on left, right, stomp in place on left then right

LEFT, LOCK, LEFT, LOCK, LEFT, ROCK FORWARD, BACK, ¾ TURN

- 1-2-3&4 Step left forward, lock right to left, step left forward, step right to left, step left forward
- 5-6-7&8 Rock right forward, rock left back, make ¾ to turn right on right, left, right

SIDE, ROCK, BEHIND, SIDE, CROSS, STEP, TOUCH, STEP, TOUCH

- 1-2-3&4 Rock left to left, rock on right, bring left behind right, step right to right, cross left over right
- 5-6-7-8 Step right to right, touch left to right, step left to left, touch right to left

TAG

- Done after count 64 (step, touch, step, touch) on walls 1, 3, 5 (facing back wall each time)
- 1-2-3-4 Hip bump right, left, right, left or make full hip circles as you wish

ENDING

At end of dance on last wall (front) do up to count 24 where you will unwind ½ turn and slide a big step to right on right & pose to finish.
