

Section 1 Syncopated Grapevine Right, Back Rock, Kick Ball Cross

- 1 - 2 Step Right to side, Cross Left behind right.
& - 3 - 4 Quick step Right to side, Cross Left over Right, Step Right to side.
5 - 6 Left Rock Back, Recover forward onto Right.
7 & 8 Kick Left, Step on ball of Left foot, Cross Right over left.

Section 2 Syncopated Grapevine Left, Back Rock, Kick Ball Cross

- 1 - 2 Step Left to side, Cross Right behind left.
& 3 - 4 Quick step Left to side, Cross Right over Left, Step Left to side.
5 - 6 Right Rock Back, Recover forward onto Left.
7 & 8 Kick Right, Step on ball of Right foot, Cross Left. over right

Section 3 Skate, Skate, Shuffle, Step, Pivot 1/4 , Step, Pivot 1/4

- 1 - 2 Skate Forward on Right, Skate forward on Left.
3 & 4 Right Shuffle Forward
5 - 6 Step Left Forward - Pivot ¼ Right
7 - 8 Step Left Forward - Pivot ¼ Right

Section 4 Left Shuffle, Right Shuffle, Walk, Walk, Walk, Curtsy/ Dip

- 1 & 2 Left shuffle Forward
3 & 4 Right Shuffle Forward
5 - 6 - 7 Walk Forward Left-Right-Left *place left slightly across right*
8 Hold for one count, Dip/Curtsy and spread arms low to pose

Begin Again

Note For early beginners, you can modify the Syncopated Vine into a basic grapevine so section one will read like this

- 1 - 2 Step Right to side, Cross Left behind right.
3 - 4 Step Right to side, Touch Left beside
5 - 6 Left Rock Back, Recover forward onto Right.
7 & 8 Kick Left, Step on ball of Left foot, Change weight onto Right

footnote This little dance has been written as an easy floor split for Gaye Teathers, Beautiful dance - True Love Ways. The music by Alan Gregory was so lovely to dance to,, I wanted my beginner dancers to enjoy it as well when they hear Alan Sing live

Thanks I would like to say a special thanks to the dancers at Gunton Hall in February 2012 for demonstrating this dance for the video, and of course adding their own flair to the routine which is now amended on this final version
