

Troubled Mind

BEGINNER

32 Count

Choreographed by: Gordon Elliott

Choreographed to: Ease My Troubled Mind by Ricochet

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- 1 - 4 Kick left forward, stomp left together, clap twice
5 - 6 Step left to the side, slide right together
7 - 8 Step left to the side, slide right together
9 - 10 Strut-step right heel forward, slap right toe to the floor
11 - 12 Step left heel forward, slap left toe to the floor
13 - 14 Touch right heel forward, touch right toe back
15 Pivoting on the left-turn 1/4 turn right
16 Hitch right knee across body and slap with left hand
17 - 18 Step right to the side, step left behind right
19 Step right to the side
20 Hitch left knee across body and slap with right hand
21 Touch left toe to the side
22 Step left toe across in front of right
23 On the balls of the feet-turn 1/2 turn right
24 Kick right forward
25 - 26 Step right back, touch left toe back
27 - 28 Step left forward, kick right forward
29 - 30 Step right back, step left back
31 Turning 1/2 turn right, step right forward
32 Stomp left together

REPEAT