

## Trouble Is A Friend

64 Count, 4 Wall, Intermediate

Choreographer: Maryloo (FR) June 2010

Choreographed to: Trouble Is A Friend by Lenka  
(117 bpm)

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- 1 SIDE, TAP, ¼ TURN LEFT, SIDE, TAP, SHUFFLES DIAGONALLY FORWARD ( R.L.)**  
1-2 Step right to side, tap left next to right  
3-4 ¼ turn left and step left to side, tap right next to left  
5&6 Shuffle forward diagonally right ( R.L.R)  
7&8 Shuffle forward diagonally left (L.R.L.)
- 2 SIDE, TOGETHER, SIDE SHUFFLE, SIDE, BEHIND, ¼ TURN LEFT & SHUFFLE FORWARD**  
1-2 Step right to side, step left together  
3&4 Shuffle right side (R.L.R.)  
5-6 Step left to side, step right behind left  
7&8 ¼ turn left and shuffle forward ( L.R.L.)
- 3 PIVOT ½ TURN LEFT, SHUFFLE FORWARD, LARGE STEP TO SIDE, DRAG & TOGETHER, CROSS SHUFFLE**  
1-2 Step right forward, pivot ½ turn to left (weight on left)  
3&4 Shuffle forward ( R.L.R.)  
1-2 Large step on left to side, drag and close right next to left  
3&4 Cross left over right, step right to side, cross left over right
- 4 LARGE STEP TO SIDE, 1/4 TURN LEFT, DRAG & CLOSE,CROSS SHUFFLE, SIDE ROCK, COASTER STEP**  
1-2 Large step on right to side, ¼ turn left : drag and close left next to right  
3&4 Cross right over left, step left to side, cross right over left  
5-6 Rock left to side , recover on right  
7&8 Step left back , step right together, step left forward
- 5 TOE SWITCHES WITH HOLDS, KNEE POPS ( R.L.R)**  
1-2 Touch right toe to right side, hold  
&3-4 Step right together, touch left toe to left side, hold  
5-6 Bend right knee, hold  
7-8 Bend left knee, bend right knee  
**RESTART : on the 2nd wall**
- 6 ROCK BACK, SHUFFLE FORWARD, PIVOT 1/4 TURN RIGHT, CROSS SHUFFLE**  
1-2 Rock right back, recover on left  
3&4 Shuffle forward ( R.L.R.)  
5-6 Step left forward, turn ¼ right and step right to side  
7&8 Cross left over right, step right to side, cross left over right
- 7 MONTEREY ¼ TURN RIGHT , KNEE POPS ( R.L.R)**  
1-2 Touch right toe to right side, turn ¼ right and step right together  
3-4 Touch left toe on left side, step left together  
5-6 Bend right knee, hold  
7-8 Bend left knee, bend right knee  
**RESTART : on the 5<sup>th</sup> wall**
- 8 ROCK BACK, SHUFFLE FORWARD, JAZZ BOX**  
1-2 Rock right back, recover on left  
3&4 Shuffle forward ( R.L.R.)  
5 – 8 Cross left over right, step right back, step left to side, tap right next to left
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