

Trot The Fox

64 Count, 2 Wall, Intermediate

Choreographer: Doug & Jackie Miranda (USA)
Choreographed to: Trot The Fox by Michael Lloyd
and Le Disc, CD: Dirty Dancing movie soundtrack

Start after 8 counts

1. Toe Fans, Vine ¼ Turn

1-4 Fan R foot to R side, return to center, fan R to R side, return to center (weight still on L)
5-8 Step R to R side, cross step L behind R, turn ¼ R stepping R forward, step L next to R
(weight ends on L)

2. Rock Forward, Recover, Rock Back, Recover, 2 ½ Turns

1-4 Rock forward on R, recover on L, rock back on R, recover on L
5-8 Step forward on R, pivot ½ turn L, step forward on R pivot ½ turn L

3. Step Kicks Forward

1-2 Step forward on R, kick L forward
3-4 Step forward on L, kick R forward
5-8 Repeat steps 1-4 above

Note: On steps 1-8 above you will travel slightly forward

4. Sailor Steps, 1/4 Turn Sailor Steps

1&2 Swing and cross step R behind L, step L to L side, step R to R side
3&4 Cross step L behind R, step R to R side, step L to L side
5&6 Swing and cross step R into ¼ turn R behind L, step L to L side, step R to R side
7&8 Repeat steps 3&4

5. Cross Weave, Sweep, Behind, Side, Cross, Point

1-4 Cross R over L, step L to L side, Cross step R behind L,
begin to Sweep L behind R weight still on R
5-8 Step on L behind R, step R to R side, cross L over R, point R to R side weight remaining on L

6. Cross Step Back, Side Point, Cross Step Back, Side Point, Rock Back, Recover, Kick Ball Change

1-4 Cross step back on R behind L, point L to L side, cross step back on L behind R,
point R to R side
5-6 Rock back on R, recover on L
7&8 Kick R forward, step down on R next to L, step down on L

7. Cross Point, Cross Point, Jazz Box

1-4 Cross R over L, point L to L side, cross L over R, point R to R side
5-8 Cross R over L, step back on L, step R to R side, step L next to R

8. Cross Point Forward, Point Side, Cross Point Forward, Step Side; Sailor Step, Toe Tap Back, Brush

1-4 Cross point R forward over L, point R to R side, cross point R over L, step R to R side
(weight on R)
5&6 Cross step L behind R, step R to R side, step L to L side
7-8 Tap R toe back, brush R foot forward and get ready to start again with toe fan