

## Triple M

48 Count, 4 Wall, Intermediate

Choreographer: Max Perry, Michele Perron, Maurice Rowe (USA) Oct 2008

Choreographed to: You Keep Me Hanging On by Diana Ross & The Supremes (The Almighty mix) or any other version of the song

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- Diagonal Forward Step w/ Heel Toe Swivel**
- 1 Step R diagonally forward & extend R arm forward, palm up  
(think "Stop in the name of love")
- 2,3 & 4 Twist L heel in and up toward R, Twist L toe in, Twist L heel in,  
Twist L toe in (feet end up together in 3<sup>rd</sup> position) weight on R
- Diagonal Forward Step w/ Heel Toe Swivel**
- 5 Step L diagonally forward & extend L arm forward, Palm up
- 6,7 & 8 Twist R heel in and up to L, Twist R toe in, Twist R heel in,  
Twist R toe in (feet end up together in 3<sup>rd</sup> position) weight on L
- Forward Rock, 1/2 Turn, Hitch, Back Walks, Touch**
- 1,2 Rock R forward, Step L in place (recover) as you turn 1/2 right
- 3,4 Step R forward, Hitch L knee (figure 4)
- 5,6,7,8 Step back L,R,L, Touch R in place (which should be forward) (you should now face 6:00)
- Double Arm Explosion (Circle Arms)**
- 1 – 8 Circle both arms inward and upward, crossing at wrists at about face level by count 4,  
then continuing upward and outward w/ extended arms, circling and putting hands on hips on ct 8
- Hinge Turns To Sailor Shuffle**
- 1,2 Step R fwd & turn 1/4 right, Touch L toe side – face 9:00
- 3,4 Step L back & turn 1/2 right, Touch R toe side – face 3:00
- 5,6 Step R fwd & turn 1/2 right, Touch L toe side – face 9:00
- 7,8 Cross L behind R, Step R to right side, Step L in place
- Syncopated Weave Left to Full Spin Left (chaineé'), to Left Side Shuffle**
- 1,2 Cross R over L, Step L to left side
- 3&4 Cross R behind L, Step L to left side, Cross R over L
- 5,6 Step L side (toe turned out) & Spin full 360 left as you step R next to L
- 7&8 Step L to left side, Step R next to L, Step L to left side (9:00)
- Forward Together, Step Diag. Back, Step Diag. Back**
- 1,2 Step R forward, Step L up next to R
- 3,4 Step R back & to the side, Step L back & to the side
- Snap Up & Down w/ Hip Movements**
- 5&6& Snap R arm up, Bring arm down toward waist, Snap R arm down,  
Bring arm up toward waist
- 7&8& Snap R arm up, Bring arm down toward waist, Snap R arm down,  
Bring arm up toward waist  
Hips will move R,L R,L R,L R,L
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