

Trashed

32 Count, 4 Wall, Beginner

Choreographer: Rafel Corbi (Spain) Aug 2008

Choreographed to: Let's Get Trashed by

Mica Roberts & Toby Keith

Intro: 32 counts (vocals).

TRIPLE STEP DIAGONALLY FORWARD – HOLD OR SCUFF – ROCKING CHAIR

- 1-2 Step forward with right foot (diagonally to right) – left beside right
- 3-4 Step forward with right foot (diagonally to right) – hold (or scuff left beside right)
- 5-6 Rock forward with left foot – recover to right
- 7-8 Rock back with left foot – recover to right

TRIPLE STEP DIAGONALLY FORWARD – HOLD OR SCUFF – ROCKING CHAIR

- 9-10 Step forward with left foot (diagonally to left) – light beside left
- 11-12 Step forward with left foot (diagonally to left) – hold (or scuff right beside left)
- 13-14 Rock forward with right foot – recover to left
- 15-16 Rock back with right foot – recover to left

STEP FORWARD – TOUCH – STEP BACK – TOUCH – BASIC TO RIGHT

- 17-18 Step forward with right foot – touch left beside right and clap hands
- 19-20 Step back with left foot – touch right beside left and clap hands
- 21-22 Step right to right side - left beside right
- 23-24 Step right to right side - left beside right (touch)

SLOW MAMBO STEP – JAZZ BOX

- 25-26 Rock forward with left foot – recover to right foot
- 27-28 Step left foot beside right – hold & clap
- 29-30 Cross right foot over left – small step left foot to left and back
- 31-32 Small step right foot to right side – step left forward