

- 1 - 4 Fan right toe out, heel out, heel in, toe in
- 5 - 8 Fan left toe out, heel out- heel in, toe in
- 9 - 12 Both toes out, heels out, heels in, toes in
- 13 - 14 Right toe strut forward, lower right heel
- 15 - 16 Left toe strut forward, lower left heel

MASHED POTATOES

- 17 Slide right back, left heel to right instep
- & Heels apart
- 18 Slide left back, right heel to left instep
- & Heels apart
- 19 Slide right back, left heel to right instep
- & Heels apart
- 20 Step on left next to right

/Alternative: back right shuffle/left shuffle

ROCK FORWARD, ROCK BACK (COASTER STEP)

- 21 - 22 Rock forward on right foot, rock back on left
- 23 & 24 Step back on right, step back on left, cross right foot over left
- 25 & 26 Side step & slide right beside left, side step left (left side shuffle)
- 27 - 28 Rock the right foot behind left, rock right foot in place
- 29 & 30 Side shuffle to right
- 31 & 32 Rock left foot behind right, rock right foot in place
- 33 - 34 Left heel forward, bring back to place as right heel goes forward
- 35 - 36 Bring back to place as left heel goes forward, hold for one beat
- 36 - 40 Repeat the above steps starting with right heel (1/4 turn to left)
- 41 - 44 Left shuffle forward, rock right forward, rock left in place
- 45 & 46 Turning right shuffle, 1/2 turn on right, left, right
- 47 - 48 Rock left forward, rock right in place
- 49 & 50 Turning left shuffle 3/4 turn left & right, left
- 51 - 52 Rock forward on the right, rock in place
- 53 & 54 Step back on right foot & back on left foot, forward on right foot
- 55 & 56 Kick left forward & step on ball of left, point right toe to right side (kick ball point)
- 57 & 58 Kick right forward & step on ball of right, point left toe to left side (kick ball point)
- 59 - 60 Step left foot behind right and unwind
- 61 - 64 Body roll to the count of 3, clap hands once

REPEAT