

RIGHT SAILOR, LEFT SAILOR, RIGHT SAILOR, LEFT BACK, RIGHT FORWARD**/Sailor steps to be wide steps & with body leaning opposite direction**

- 1 & 2 Cross/step right behind left, step left next to right, step right to right side (moving back)
3 & 4 Cross/step left behind right, step right next to left, step left to left side (moving back)
5 & 6 Cross/step right behind left, step left next to right, step right to right side (moving back)
7 - 8 (9:00) Rock/step back on left & twist 1/4 turn left, twist 1/4 turn right (weight on right) (12:00)

RIGHT FULL TURN, SHUFFLE FORWARD, RIGHT FORWARD, LEFT BACK, STEP RIGHT, STEP LEFT, KNEE, KNEE

- 1 - 2 Full right turn stepping left-right
3 & 4 Shuffle forward left-right-left
5 - 6 Rock/step forward on right, step back on left
7 - 8 Step right to right side, step left to left side (feet apart)
1 - 2 Right knee pushing to left knee, left knee pushing to right knee

STOMP, STEP, 45, STEP, STOMP, STEP, 45, STEP, CROSS SHUFFLE KICK

- 1 & Stomp right heel beside left foot, step right back at 45 degrees right
2 & Step left heel forward at 45 degrees right, step left foot in place (feet apart)
3 & Stomp right heel beside left foot, step right back at 45 degrees right
4 & Step left heel forward at 45 degrees right, float left foot across right
5 & Cross/step left over right, step left to right side, (keep feet crossed)
6 & Cross/step left over right, step left to right side, (keep feet crossed)
7 - 8 Cross/step left over right, kick right to right side

CROSS, STEP, CROSS, STEP, CROSS, STEP, STEP 1/4, 1/2

- 1 - 2 Cross/step right over left, step left to left side
3 & 4 & Cross shuffle right over left, left behind right, right over left, left behind right
5 - 6 Cross right over left & pivot turn 1/2 turn right on ball of right foot, hitch left leg in front of right leg
& 7 - 8 Hop onto left foot, right heel 45, hitch right leg in front of left leg

RIGHT TOE STRUT, LEFT TOE STRUT, WALK BACK, HIPS, HIPS, HIPS, BODY ROLL

- 1 - 4 Step right toe forward, drop heel, step left toe forward, drop heel
5 - 8 Walk back right-left, step right back to right side, step left back to left side
1 - 8 Hips rotate to the left 3 times (6 beats), body roll down & up

SHUFFLE LEFT ROCK BACK, FORWARD, SHUFFLE RIGHT ROCK BACK, FORWARD

- 1 & 2 Shuffle to right (right-left-right)
3 - 4 Rock/step left behind right (twist 1/4 turn left), rock back onto right foot (twist 1/4 turn left)
5 & 6 Shuffle to left (left-right-left)
7 - 8 Rock/step right behind left, rock back onto left foot

SHUFFLE FORWARD, STEP, 1/2 TURN, FULL TURN, LEFT FORWARD, STEP

- 1 & 2 Shuffle forward right-left-right
3 - 4 Step left forward, 1/2 turn left (9:00)
5 - 6 Turn 1/4 turn right step left to left side, turn 1/2 turn right step right to right side
7 - 8 Turn 1/2 turn right step left to left side, step right foot beside left (weight on right)

LEFT SAILOR, RIGHT SAILOR, LEFT SAILOR, RIGHT BACK, LEFT FORWARD**/Sailor steps to be wide steps & with body leaning opposite direction**

- 1 & 2 Cross/step left behind right, step right next to left, step left to left side (moving back)
3 & 4 Cross/step right behind left, step left next to right, step right to right side (moving back)
5 & 6 Cross/step left behind right, step right next to left, step left to left side (moving back)
7 - 8 (9:00) Rock/step back on right & twist 1/4 turn right, twist 1/4 turn left (weight on left) (12:00)

LEFT FULL TURN, SHUFFLE FORWARD, LEFT FORWARD, RIGHT BACK, STEP LEFT, STEP RIGHT, KNEE, KNEE

- 1 - 2 Full left turn stepping right-left
- 3 & 4 Shuffle forward right-left-right
- 5 - 6 Rock/step forward on left, step back on right
- 7 - 8 Step left to left side, step right to right side (feet apart)
- 1 - 2 Left knee pushing to right knee, right knee pushing to left knee

STOMP, STEP, 45, STEP, STOMP, STEP, 45, STEP, CROSS SHUFFLE KICK

- 1 & Stomp left heel beside right foot, step left back at 45 degrees left
- 2 & Step right heel forward at 45 degrees left, step right foot in place (feet apart)
- 3 & Stomp left heel beside right foot, step left back at 45 degrees left
- 4 & Step right heel forward at 45 degrees left, float right foot across left
- 5 & Cross/step right over left, step right to left side, (keep feet crossed)
- 6 & Cross/step right over left, step right to left side, (keep feet crossed)
- 7 - 8 Cross/step right over left, kick left to left side

CROSS, STEP, CROSS, STEP, CROSS, STEP, STEP 1/4, 1/2

- 1 - 2 Cross/step left over right, step right to right side
- 3 & 4 & Cross shuffle left over right, right behind left, left over right, right behind left
- 5 - 6 Cross left over right & pivot turn 1/2 turn left on ball of left foot, hitch right leg in front of left leg
- & 7 - 8 Hop onto right foot, left heel 45, hitch left leg in front of right leg

LEFT TOE STRUT, RIGHT TOE STRUT, WALK BACK, HIPS, HIPS, HIPS, BODY ROLL

- 1 - 4 Step left toe forward, drop heel, step right toe forward, drop heel
- 5 - 8 Walk back left-right, step left back to left side, step right back to right side
- 1 - 8 Hips rotate to the right 3 times (6 beats), body roll down & up

SHUFFLE FORWARD, STEP, 1/4, 1/2, 1/2, 1/2, LEFT FORWARD, STEP

- 1 & 2 Shuffle forward right-left-right
- 3 - 4 Step left forward, 1/2 turn right
- 5 - 6 Turn 1/4 turn right step left to left side, turn 1/2 turn right step right to right side
- 7 - 8 Turn 1/2 turn right step left to left side, turn 1/2 turn right step right to right side
- & Step left behind right

RIGHT DOROTHY STEP, LEFT DOROTHY STEP, CROSS TOE GALLOP

- 1 - 2 & Step right forward at 45 degrees, lock/step left behind right, step right beside left
- 3 - 4 & Step left forward at 45 degrees, lock/step right behind left, step left beside right
- 5 & Step right forward 45 degrees (stepping on the ball of the foot only), step left behind right
- 6 & 7 & 8 Step right forward 45 degrees right, step left behind right, step right forward 45 degrees right, hold

DOUBLE TIME VINE, full turn TWIST

- & 1 Step right to right side & back (moving to the right), cross/step left over right
- & 2 Step right to right side & front, cross/step left behind right
- & 3 Step right to right side & back, cross/step left behind right
- & 4 Step right to right side & front, hold (legs crossed right over left)
- 5 - 8 Slow twist right full turn, (1/4 turn on each beat) ending with legs crossed right over left

CROSS STEP, HOLD, CROSS STEP, HOLD, KICK LEFT, KICK RIGHT, TAP LEFT KICK RIGHT

- & 1 Step left to left side, cross/step right over left
- 2 & 3 - 4 Hold, step left to left side, cross/step right over left, hold
- 5 - 8 Kick left at 45 degrees left, step left beside right, kick right at 45 degrees right, step right beside left

KICK LEFT, KICK RIGHT, KICK LEFT, KICK RIGHT, KICK LEFT, TOUCH RIGHT

- 1 & 2 & Kick left forward, step left beside right, kick right to right side, step right beside left
- 3 & 4 & Kick left to left side, step left beside right, kick right forward, step right beside left
- & 5 & 6 Kick left at 45 degrees left, step left beside right, touch right to right side

RIGHT REGGAE, LEFT REGGAE, 1/2, 1/4

- 1 - 2 & Cross/step right over left, step left to left side, step right back beside left
- 3 - 4 & Cross/step left over right, step right to right side, step left back beside right
- 5 - 6 (3:00) Step right forward & pivot 1/2 turn left, turn 1/4 turn left step left to left side (weight on left)

SHUFFLE, SHUFFLE, 1/2, 1/2, TOUCH

- 1 & 2 & Shuffle forward right-left-right, pivot 1/2 turn left (12:00)
- 3 & 4 Shuffle forward left-right-left
- 5 - 6 Step right forward at 135 degrees (1:30), step left forward pivot turn 1/2 turn left
- 7 - 8 Step right forward 1/2 turn turn right, touch left beside right

SHUFFLE, 1/2, SHUFFLE, 1/2, SCUFF

- 1 & 2 & (12:00) Shuffle forward left-right-left, pivot 1/2 turn right
3 & 4 Shuffle forward right-left-right
5 - 6 Step left forward at 1/4 turn plus 45 degrees (1:30), step left forward pivot turn 1/2 turn left
7 - 8 Step left forward 1/2 turn right, scuff right beside left

REGGAE, CROSS, UNWIND, HEEL SWITCH, SHIMMY

- 1 - 4 (4.30) Cross/step right over left, step left to left side, step right back beside left, step left over right (legs crossed)
5 & Unwind to the right (12:00) 315 degrees turn, step right back
6 & 7 (12:00) Step left heel forward, step left back, step right forward
8 Slide left beside right and shimmy shoulders

JAKKI HEELS, BEHIND, SIDE, CROSS, JAKKI HEELS, BEHIND, SIDE TOGETHER

- 1 Scuff left beside right kicking foot at 45 degrees left
& 2 Raise right heel & click heels together, drop right heel (left foot still in the air)
& 3 & 4 Left heel at 45 degrees left, step right behind left, step left to left side

CROSS/STEP RIGHT OVER LEFT

- 5 Scuff left beside right kicking foot at 45 degrees left
& 6 Raise right heel & click heels together, drop right heel (left foot still in the air)
& 7 & 8 Left heel at 45 degrees left, step right behind left, step left to left side

STEP RIGHT BESIDE LEFT, HEEL, HEEL, BALL, BALL, HEEL, HEEL, COASTER STEP

- 4 & Stepping onto right heel moving right, left heel, right ball, left ball, right heel left heel
4 &
5 & 6 Step back on right foot, left back, right forward

RIGHT DOROTHY STEP, LEFT DOROTHY STEP, CROSS TOE GALLOP

- 1 - 2 & Step right forward at 45 degrees, lock/step left behind right, step right beside left
3 - 4 & Step left forward at 45 degrees, lock/step right behind left, step left beside right
5 & Step right forward 45 degrees (stepping on the ball of the foot only), step left behind right
6 & 7 & 8 Step right forward 45 degrees right, step left behind right, step right forward 45 degrees right, hold

DOUBLE TIME VINE, full turn TWIST

- & 1 Step right to right side & back (moving to the right), cross/step left over right
& 2 Step right to right side & front, cross/step left behind right
& 3 Step right to right side & back, cross/step left behind right
& 4 Step right to right side & front, hold (legs crossed right over left)
5 - 8 Slow twist right full turn, (1/4 turn on each beat) ending with legs crossed right over left

CROSS STEP, HOLD, CROSS STEP, HOLD, KICK LEFT, KICK RIGHT, TAP LEFT KICK RIGHT

- & 1 Step left to left side, cross/step right over left
2 & 3 - 4 Hold, step left to left side, cross/step right over left, hold
5 - 8 Kick left at 45 degrees left, step left beside right, kick right at 45 degrees right, step right beside left

KICK LEFT, KICK RIGHT, KICK LEFT, KICK RIGHT, KICK LEFT, TOUCH RIGHT

- 1 & 2 & Kick left forward, step left beside right, kick right to right side, step right beside left
3 & 4 & Kick left to left side, step left beside right, kick right forward, step right beside left
& 5 & 6 Kick left at 45 degrees left, step left beside right, touch right to right side

RIGHT REGGAE, LEFT REGGAE, 1/2, 1/4

- 1 - 2 & Cross/step right over left, step left to left side, step right back beside left
3 - 4 & Cross/step left over right, step right to right side, step left back beside right
5 - 6 (3:00) Step right forward & pivot 1/2 turn left, turn 1/4 turn left step left to left side (weight on left)

SHUFFLE, 1/2, SHUFFLE, 1/4, LEFT FORWARD, RIGHT BESIDE, LEFT FORWARD, HOLD

- 1 & 2 & Shuffle forward left-right-left, pivot 1/2 turn right
3 & 4 & Shuffle forward right-left-right, pivot 1/4 turn left
5 - 8 Step left forward, step right beside left, step left forward, hold

BESIDE, STEP, HOLD, BESIDE, STEP, HOLD, CROSS, 1/4, STEP ROCK, ROCK

- & 1 - 2 Step right beside left, step left forward, hold
& 3 - 4 Step right beside left, step left forward, hold
5 & 6 - 7 Step right across left, step left to left side, turn 1/4 turn right step right to right side step left forward
8 & Rock right to right side, rock onto left

RIGHT SAILOR, LEFT SAILOR, RIGHT SAILOR, LEFT BACK, RIGHT FORWARD

/Sailor steps to be wide steps & with body leaning opposite direction

- 1 & 2 Cross/step right behind left, step left next to right, step right to right side (moving back)
3 & 4 Cross/step left behind right, step right next to left, step left to left side (moving back)
5 & 6 Cross/step right behind left, step left next to right, step right to right side (moving back)
7 - 8 (9:00) Rock/step back on left & twist 1/4 turn left, twist 1/4 turn right (weight on right) (12:00)

RIGHT FULL TURN, SHUFFLE FORWARD, RIGHT FORWARD, LEFT BACK, STEP RIGHT, STEP LEFT, KNEE, KNEE

- 1 - 2 Full right turn stepping left-right
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6 & Cross/step left over right, step left to right side, (keep feet crossed)
7 - 8 Cross/step left over right, kick right to right side

CROSS, STEP, CROSS, STEP, CROSS, STEP, STEP 1/4, 1/2

- 1 - 2 Cross/step right over left, step left to left side
3 & 4 & Cross shuffle right over left, left behind right, right over left, left behind right
5 - 6 Cross right over left & pivot turn 1/2 turn right on ball of right foot, hitch left leg in front of right leg
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RIGHT TOE STRUT, LEFT TOE STRUT, WALK BACK, HIPS, HIPS, HIPS, BODY ROLL

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1 - 8 Hips rotate to the left 3 times (6 beats), body roll down & up

SHUFFLE LEFT ROCK BACK, FORWARD, SHUFFLE RIGHT ROCK BACK, FORWARD

- 1 & 2 Shuffle to right (right-left-right)
3 - 4 Rock/step left behind right (twist 1/4 turn left), rock back onto right foot (twist 1/4 turn left)
5 & 6 Shuffle to left (left-right-left)
7 - 8 Rock/step right behind left, rock back onto left foot

SHUFFLE FORWARD, STEP, 1/2, FULL TURN, LEFT FORWARD, STEP

- 1 & 2 Shuffle forward right-left-right
3 - 4 Step left forward, 1/2 turn left (9:00)
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7 - 8 Turn 1/2 turn right step left to left side, step right foot beside left (weight on right)

RIGHT SAILOR, LEFT SAILOR, RIGHT SAILOR, LEFT BACK, RIGHT FORWARD

/Sailor steps to be wide steps & with body leaning opposite direction

- 1 & 2 (12:00) Cross/step right behind left, step left next to right, step right to right side (moving back)
3 & 4 Cross/step left behind right, step right next to left, step left to left side (moving back)
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7 - 8 (9:00) rock/step back on left & twist 1/4 turn left, twist 1/4 turn right (weight on right) (12:00)

RIGHT FULL TURN, SHUFFLE FORWARD, RIGHT FORWARD, LEFT BACK, STEP RIGHT, STEP LEFT KNEE, KNEE

- 1 - 2 Full turn right stepping left-right
3 & 4 Shuffle forward left-right-left
5 - 6 Rock/step forward on right, step back on left
7 - 8 Step right to right side, step left to left side (feet apart)