

VERSE PATTERN:

- 1 - 4 Walk forward left, right, left, close right.
5 - 8 Left heel forward, left toe touch at instep, left heel forward, close left.
9 - 12 Walk back right-left-right, close left.
13 - 16 Right heel forward, right toe touch to instep, left heel forward, touch right

/There is a slight twisting motion as you travel right, 17-20

- 17 Turning slightly to right, step right on right foot.
18 Straightening out to front close left foot to right foot..
19 - 20 Repeat 17-18.
21 - 24 Right heel forward, right toe touch to instep, right heel forward, close right.

/There is a slight twisting motion as you travel left, 25-28

- 25 Turning slightly to left, step left of left foot.
26 Straightening out to front, close right foot to left foot.
27 - 28 Repeat 25-26.
29 - 32 Left heel forward, left toe touch to instep, left heel forward, close.
33 - 36 Walk back right, left, right, close left.
37 - 40 Right heel forward, right toe to instep, right heel forward, close right.
41 - 44 Walk forward left, right, left, close right.
45 - 48 Left heel forward, left toe to instep, left heel forward, close left.
49 - 56 Repeat 25-32 (to left)
57 - 64 Repeat 17-24 (to right)

CHORUS:

- 65 - 66 Stepping out to right side with right foot, right arm in front, open hand, palm down, fingers pointing directly to left side. Hold.
67 - 68 Left arm in front, open hand, palm down, fingers pointing directly to right. Left hand will be over right hand. Hold.
69 - 70 Extend right arm to right side with open hand, fingers pointing up (like "stop" signal). Head turns to right. Hold.
71 - 72 Extend left arm to left side with open hand, fingers pointing up. Head turns to left.

THE TONGONEO (TURNING OF THE HIPS)

- 73 - 74 Pivoting on ball of left foot 1/4 to left, swing hips out on right foot. Rotate hips forward and to left till you are over left foot. Hips are circling to the left. Both arms are overhead, rotating in a circle to the left with your hips. Hands are in fists.
75 - 80 Repeat 57-58 three more times till you are back to front again.

REPEAT

/Music repetitions and dance patterns:

- 1 64 count verse pattern
2 First 32 counts of dance pattern
3 Chorus pattern repeated 3 times
4 64 count verse pattern
5 Chorus pattern repeated 3 times
6 64 count verse pattern
7 Chorus pattern repeated till end (6 times, then left more as music fades)
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