



Approved by:

Tickle Mix

4 WALL - 32 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Stomp Up, Kick, Sailor Step (x 2)		
1 – 2	Stomp up right foot. Kick right forward to right diagonal.	Stomp Kick	On the spot
3 & 4	Cross right behind left. Step left to left side. Step right to place.	Right Sailor	
5 – 6	Stomp up left foot. Kick left forward to left diagonal.	Stomp Kick	
7 & 8	Cross left behind right. Step right to right side. Step left to place.	Left Sailor	
Section 2	Forward Rock, Shuffle 1/2 Turn, 1/2 Turn, Step Back, Coaster Step		
1 – 2	Rock forward on right. Recover onto left.	Rock Forward	On the spot
3 & 4	Shuffle step 1/2 turn right, stepping - right, left, right.	Shuffle Half	Turning right
5 – 6	Turning 1/2 right, step left back. Step right back. (12:00)	Half Back	
7 & 8	Step left back. Step right beside left. Step left forward.	Coaster Step	On the spot
Section 3	Side Rock, Diagonal Shuffle Forward (x 2)		
1 – 2	Rock right to right side. Recover onto left.	Side Rock	On the spot
3 & 4	Step right forward on left diagonal. Close left beside right. Step right forward. (10:30)	Right Shuffle	Forward
5 – 6	Rock left to left side. Recover onto right.	Side Rock	On the spot
7 & 8	Step left forward on right diagonal. Close right beside left. Step left forward. (1:30)	Left Shuffle	Forward
Section 4	Step, Pivot 3/8, Shuffle 1/2 Turn, Back, 1/2 Turn, Forward Shuffle		
1 – 2	Step right forward. Pivot 3/8 turn left. (9:00)	Step Pivot	Turning left
3 & 4	Shuffle step 1/2 turn left, stepping - right, left, right. (3:00)	Shuffle Half	
5 – 6	Step left back. Turning 1/2 turn right step right forward. (9:00)	Back Half	Turning right
Option	Counts 3 & 4: Right shuffle forward. Counts 5 - 6: Walk forward left, right.		
7 & 8	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward

Choreographed by: Susanne Mose Nielsen (DK) March 2013

Choreographed to: 'Tickle My Heart' by Paul Bailey (124 bpm); download available from www.paulbaileymusic.co.uk (16 count intro)



A video clip of this dance is available at www.linedancermagazine.com