

## Throw Your Hands Up

32 Count, 4 Wall, Beginner

Choreographer: Jessie & Ryan Riethmuller (May 2012)

Choreographed to: Throw Your Hands Up by Qwote  
(feat Pitbull & Lucenzo)

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START after 48 counts (after lyrics Lets Go, Lets Go)

### **1-8 Rock, Pivot, Pivot, Hip R, L**

1,2,3,4 Rock R Back, replace weight fwd on L, Step R fwd half pivot, \*

5,6,7,8 Step R fwd half pivot, Step R to Side, Push Hip R, Push Hip L\*\*

### **9-16 Vine R, Vine L**

1,2,3,4 Step R to side, Step L behind, Step R to Side, Jump (with clap)

5,6,7,8 Step L to side, Step R behind, Step L to Side, Jump (with clap)

### **17-24 Rocking Chair x 2**

1,2,3,4 Rock R fwd, Replace weight back on L, Rock R Back, Replace Weight fwd on L \*\*\*

5,6,7,8 Rock R fwd, Replace weight back on L, Rock R Back, Replace Weight fwd on L

### **25-32 Jazz box ¼ R, Rock, Walk Back**

1,2,3,4 Cross R over L, Step Back on L, ¼ turn stepping Right Forward, Step L beside R

5,6,7,8 Rock R fwd, Replace weight back on L, Walk back R, L

“Optional” Styling (Pretty much a must if you really want to enjoy this dance)

\* On Pivot Turns, have hands over head in circular motion (helicopter arms)

\*\* Wave Hands Right, Left, when Pushing Hips Right, Left

\*\*\* On Rocking Chairs, swing arms fwd & back (opposite to the foot that’s forward).

Crouch down a little when rocking back.

ENJOY !