

Through The Grapevine

32 Count, 2 Wall, Improver, Smooth WCS

Choreographer: Ronald "RONNIE" Grabs (USA) Jan 2013

Choreographed to: I Heard It Through The Grapevine by
Michael McDonald

FWD. WALK-WALK / ENGLISH CROSS / SIDE ROCK / BEHIND-SIDE-CROSS

- 1,2 step right foot forward, step left foot forward,
&3-4 1/8 turn left stepping right diagonally forward (12:00), cross step left foot in front of right,
1/8 turn right stepping right foot forward,
5,6 rock left foot to left side, recover weight on right foot,
7&8 cross step left foot behind right, step right foot to side, cross step left foot in front of right,

SWAY R / SWAY L-R-L / SAILOR STEP / SAILOR 1/4 TURN L

- 1-2 step right foot to right side and sway hips to right, hold,
3&4 sway hips to left, sway hips to right, sway hips to left,
5&6 cross step right foot behind left, step left foot to left side, step right foot diagonally forward,
7&8 cross step left foot behind right, 1/4 turn left stepping right foot next to left, step left foot forward,

FWD. WALK-WALK / ANCHOR STEP / STEPPING 3/4 TURN L / SAILOR STEP

- 1,2 step right foot forward, step left foot forward,
3&4 cross step right foot behind left, recover weight on to left foot, step right foot slightly back,
5,6 1/2 turn left stepping left foot forward, 1/4 turn left stepping right foot to side,
7&8 cross step left foot behind right, step right foot to right side, step left foot diagonally forward,

CROSS ROCK / SWEEP-SAILOR 1/2 TURN R / CROSS-HOLD / SIDE MAMBO-TOUCH

- 1,2 cross rock right foot in front of left, recover weight on to left,
3&4 sweep right foot back starting 1/2 turn right cross step right behind left, step left foot next to right,
finish 1/2 turn right stepping right foot diagonally forward,
5-6 cross step left in front of right and hold,
7&8 rock right foot to right side, recover weight on to left foot, toe touch right foot next to left,