

Those Were The Days

IMPROVER

32 Count 4 Walls

Choreographed by: Rebecca Armstrong

Choreographed to: Back To The 80's by Aqua

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- 1 - 8 CROSS, SIDE, ROCK RECOVER, SIDE, BEHIND, SIDE 1/4, FWD SHUFFLE**
1 - 2 step R across L, step L to L side
3 & 4 rock R behind L, recover on to L, step R to R side
5 - 6 step L behind R, make 1/4 turn R stepping R to R side
7 & 8 step fwd on L, step R beside L, step fwd on L
- 9 - 16 CROSS BACK SIDE 1/4 CROSS POINT, TOUCH KICK, BACK LOCK STEP**
1 - 2 step R across L, step back on L
3 & 4 make 1/4 turn R stepping R to R side, step L across R, point R to R side
5 - 6 touch R beside L, kick R fwd
7 & 8 step back on R, lock L across R, step back on R
- 17 - 24 KICK FWD, KICK SIDE, SAILOR STEP, ROCK FWD RECOVER, 3/4 SHUFFLE**
1 - 2 kick L fwd, kick L to L side
3 & 4 step L behind R, step R to R side, step L to L side
5 - 6 rock fwd on R, recover on L
7 & 8 make 1/2 turn R stepping fwd on R, step L beside R, make 1/4 turn R stepping fwd on R
- 25 - 32 WALK WALK, HEEL TWISTS 1/4 L, CROSS 1/4 SIDE, L SIDE SHUFFLE**
1 - 2 step fwd on L, step fwd on R
3 & 4 twist heels to R, bring heels back to centre, make 1/4 turn L twisting heels to R (keeping weight on R foot)
5 - 6 step L across R, make 1/4 turn L stepping back on R
7 & 8 step L to L side, step R beside L, step L to L side

Thanks to William for the music tip!!