

## This Is Me

Phrased, 2 Wall, Intermediate

Choreographer: Michael Vera-Lobos (Aus) Feb 2009

Choreographed to: This Is Me You're Talking To  
by Trisha Yearwood

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Sequence: 8 count intro, 64, 52 (step left together & restart), 32, (turn 1/4 left to face back wall & restart), 52 (step left together & restart), 36 (step left together & restart), Ending.

Start dancing on lyrics

- 1. SIDE ROCK, REPLACE & FULL TRIPLE SPIN TO THE LEFT, CROSS ROCK, REPLACE & ¼ RIGHT, RIGHT & TURN A FURTHER ½ RIGHT**  
1-2&3&4 Side rock right to right, recover on left & step right together, full triple to left traveling left stepping left, right, left (12:00)  
5-6&7-8& Cross rock right over left, recover on left & turn ¼ right on right (3:00), step forward left, pivot ½ right (9:00) & turn a further ½ right ending with weight on left facing (3:00)
- 2. ROCK BACK, REPLACE, STEP FORWARD, ½ RIGHT, STEP BACK, ROCK BACK LEFT, FORWARD RIGHT, STEP FORWARD, ½ LEFT, STEP BACK**  
1-2-3&4 Rock right back, rock forward left dragging right towards left, step forward right, turning ½ right step left back, step right back  
5-6-7&8 Rock left back, rock forward right dragging left towards right, step forward left, turning ½ left step right back, step left back
- 3. RIGHT COASTER CROSS, (TRAVELING FORWARD) SIDE ROCK, REPLACE & CROSS IN FRONT, SIDE ROCK, REPLACE, CROSS, ¼ RIGHT, ½ RIGHT**  
1&2-3-4& Step right back & step left together, cross right over left, side rock left to left, recover on right & cross left over right (3:00)  
5-6-7&8 Side rock right to right, recover on left, cross right over left, turn ¼ right and step back left, turn ½ right on right (12:00)
- 4. ROCK FORWARD, REPLACE & ROCK BACK, REPLACE & ¼ left and rock BACK, REPLACE, FULL TRIPLE SPIN FORWARD LEFT**  
1-2&3-4& Rock forward left, recover on right & step left together, rock back right, rock forward left & stepping right beside left turn ¼ left  
5-6-7&8 Rock back left, rock forward right, full triple spin forward left stepping left, right, left (9:00)
- 5. LOCK SHUFFLE FORWARD RIGHT, STEP FORWARD, ¼ PIVOT RIGHT & DRAG, CROSS SHUFFLE STEP SIDE, ½ PIVOT LEFT**  
1&2-3-4 Lock shuffle forward right stepping right, left, right, step forward left, pivot ¼ right dragging left towards right (12:00)  
5&6-7-8 Cross shuffle left over right stepping left, right, left, step right to side, pivot ½ left ending with weight on left to side (6:00)
- 6. CROSS ROCK, REPLACE/ DRAG, FULL TRIPLE SPIN TO RIGHT, CROSS ROCK REPLACE/DRAG, FULL TRIPLE SPIN LEFT**  
1-2-3&4 Cross rock right over left, recover on left dragging right towards left, full triple spin right stepping right, left, right (6:00)  
5-6-7&8 Cross rock left over right, recover on right dragging left towards right, full triple spin left stepping left, right, left (6:00)
- 7. ROCK FORWARD, REPLACE, COASTER CROSS RIGHT, (TRAVELING FORWARD) SIDE ROCK, REPLACE & CROSS, SIDE, ½ PIVOT LEFT**  
1-2-3&4 Rock forward right, rock left back, step right back & step left together, cross right over left (6:00)  
5-6&7-8 Traveling forward - side rock left to left, recover on right & cross left over right, step right to side, pivot ½ left ending weight on left
- 8. ROCK FORWARD, REPLACE, COASTER CROSS RIGHT, (TRAVELING FORWARD) SIDE ROCK, REPLACE & CROSS, SIDE, ½ PIVOT LEFT**  
1-2-3&4 Rock forward right, rock left back, step right back & step left together, cross right over left (12:00)  
5-6&7-8 Traveling forward - side rock left to left, recover on right & cross left over right, step right to side, pivot ½ left ending weight on left

**ENDING:** On wall 6, dance to count 8&. Walk back right, walk back left, right coaster back & step left together, rock back right, forward left (hold for 2 counts).

Continue dance from count 11 & finish facing front wall on count 24, step forward right, drag.

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