



Approved by:

This Girl

2 WALL – 48 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 – 4 5 – 8	Rocking Chair, Jazz Box, Step Rock forward on right. Recover onto left. Rock back on right. Recover onto left. Cross right over left. Step left back. Step right to right side. Step left forward.	Rock Forward Rock Back Jazz Box Step	On the spot
Section 2 1 – 2 3 & 4 5 – 6 7 & 8	Pivot 1/2 Turn, Forward Shuffle, Forward Rock, Back, 1/4 Turn, Cross Pivot 1/2 turn right. Step left forward. Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Step left back. Turn 1/4 right stepping right to side. Cross left over right.	Pivot Step Right Shuttle Rock Forward Back Quarter Cross	Turning right Forward On the spot Turning right
Section 3 1 – 2 3 – 4 5 & 6 7 – 8	Side, Together, 3/4 Turn, Behind Side Cross, 1/4 Swivel, Back Step right to right side. Step left beside right. Turn 1/4 right stepping right to side. Turn 1/2 right stepping left back (weight on left). Cross right behind left. Step left to left side. Cross right over left. (on balls of feet) Swivel 1/4 turn left (weight on right). Step left back (weight on left).	Side Together Three Quarter Behind Side Cross Quarter Swivel	Right Turning right Left Turning left
Section 4 1 – 2 3 & 4 5 & 6 7 & 8	Cross, Back, Coaster Step, Sailor Step, Forward Lock Step Cross right over left. Step left back. Step right back. Step left beside right. Step right forward. Cross left behind right. Step right to right side. Step left to place. Step right forward. Lock left behind right. Step right forward.	Cross Back Coaster Step Sailor Step Right Lock Right	Left On the spot Forward
Section 5 1 – 3 4 – 6 7 – 8	Side Rock, Behind, Side Rock, Behind, Walk x 2 Rock left to left side. Recover onto right. Cross left behind right. Rock right to right side. Recover onto left. Cross right behind left. Walk forward left. Walk forward right.	Side Rock Behind Side Rock Behind Left Right	On the spot Forward
Section 6 1 – 2 3 & 4 5 – 6 7 & 8	Step, Pivot 1/2, Forward Lock Step, Forward Rock, 1/4 Turn Lock Step Step left forward. Pivot 1/2 turn right, hooking right across left. Step right forward. Lock left behind right. Step right forward. Rock forward on left. Recover onto right. Turn 1/4 left and step left forward. Lock right behind left. Step left forward.	Step Pivot Right Lock Right Rock Forward Quarter Lock Step	Turning right Forward On the spot Turning left

Choreographed by: Diane Blairs (UK) March 2012

Choreographed to: 'Long Gone' by Lady Antebellum from CD Lady Antebellum 2008; download available from amazon.co.uk or iTunes (18 sec intro - start on vocals, on the word 'It's')



A video clip of this dance is available at www.linedancermagazine.com