

Thirty Days

64 Count, 4 Wall, Intermediate

Choreographer: Mary E Richardson Scotland (UK) May 2013

Choreographed to: 30 Days By The Saturdays

28 Count Intro

- 1 Full Rolling Vine – Touch – kick Ballchange – Back – Rock**
12 Turn ¼ right stepping right forward, turn ½ right stepping left back
34 turn ¼ right stepping right to right side, touch left beside right
5&6 Kick left forward, step left in place, step right in place
78 rock back on left, recover onto right.
- 2 Crossing Jazz Box – ¼ Turn - Chasse – Back Rock**
12 cross left over right, turn ¼ left stepping right back
34 step left to left side, cross right over left
5&6 step left to left side, close right beside left, step left to left side
78 rock back on right, recover onto left
- 3 Forward - Touch – Back Lock Step – Full Turn – Forward lock Step**
12 Step right forward, touch left beside right
3&4 step left back, lock right across left, step left back
56 turn ½ right stepping right forward, turn ½ right stepping left beside right (full turn travels back)
(alternate Counts for 5-6 Step right back, step left beside right)
7&8 step right forward, lock left behind right, step right forward
- 4 Walk Forward x2 – Sailor Step – Cross Point – Cross Samba**
12 Walk left forward, walk right forward,
3&4 cross left behind right, step right to right side, step left in place
56 cross right over left, point left to left side
7&8 cross left over right, rock right to right side, recover onto left.
- 5 Monterey ¼ Turn x2**
12 Touch right to right side, step right beside left making ¼ turn right
34 touch left to left side, step left beside right
56 touch right to right side, step right beside left making ¼ turn right
78 touch left to left side, step left beside right
- 6 Side, Together, Chasse – Cross Rock – Chasse**
12 step right to right side, step left beside right
3&4 step right to right side, close left beside right, step right to right side
56 cross rock left over right, recover onto right
7&8 step left to left side, close right beside left, step left to left side
- 7 Back Rock – Shuffle Forward – Forward Rock – Coaster Step**
12 Rock back on right, recover onto left
3&4 shuffle forward, right, left, right
56 Rock forward on left, recover onto right
7&8 Step back on left, step right next to left, rock forward on left
- 8 Step – Pivot ½ – Side – Drag – Rock Forward – Coaster Step**
12 Step forward on right, Pivot ½ turn left
34 Take a big step forward on right, slide left beside right
56 rock forward on left, recover onto right
7&8 step back on left, step right beside left, step forward on left
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