

## They Can't Stop Me Now

24 Count, 2 Wall, Absolute Beginner

Choreographer: Liz Allcock (UK) September 2013

Choreographed to: Can't Stop Me Now by Rod Stewart,

CD: Time (Amazon)

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### Right heel dig x2, Triple on the spot, Left heel dig x2, Triple on the spot

- 1,2 Right heel dig x2
- 3&4 Right, left, right on the spot
- 5,6 Left heel dig x2
- 7&8 Left, right, left on the spot

### Forward shuffle x2, Rocking chair

- 1&2 Shuffle forward Right, left, right
- 3&4 Shuffle forward Left, right, left
- 5,6 Rock forward on right, recover on left
- 7,8 Rock back on right, recover on left

### Paddle Turn left x2, Jazz box

- 1,2 Step forward on Right, pivot 1/4 turn left
- 3,4 Step forward on Right, pivot 1/4 turn left
- 5,6 Cross Right over left, Step left back
- 7,8 Step Right to side, Step Left next to right.

Start again and enjoy!