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Their Hearts Are Dancing

BEGINNER

48 Count

Choreographed by: Rosalie Mackay Choreographed to: Their Hearts Are Dancing by The Forester Sisters

1 - 6	Step left forward, stepping right-left turn full turn left, step right forward, step left beside right, step right in place
7 - 9 10 - 12	ROCK BACK, FORWARD, SCUFF, CROSS, BACK, BACK Rock/step left back, step right in place, scuff left forward at 45 degrees left Cross left over right, step right back, step left back diagonally
13 - 15 16 - 18	CROSS, TURN, STEP, SIDE, SLIDE, TAP Step right across left, step left back diagonally beginning 1/2 turn turn right, complete turn by stepping right beside left Step left to side, slide right beside left, tap right
19 - 21 22 - 24	ROCK, HOLD, ROCK, CROSS, SIDE, STEP Rock/step right to right side, hold, rock/replace weight on left Cross right over left, step left to side, step right to side slightly back
25 - 30	CROSS, QUARTER, HALF, QUARTER, KICK, KICK Cross left over right, turn 1/4 turn left & step right, turn 1/2 turn left & step left, turn 1/4 turn left & step right to side, sweep left through & kick left across right twice
31 - 36	CROSS, SIDE, STEP, CROSS, TURN, TOGETHER Cross left over right, step right to side, step left to side, cross right over left, turn 1/2 turn right & step left, step right beside left
37 - 39 40 - 42	FORWARD, HALF-TURN, BACK, TOUCH-TURN Step left forward, turn 1/2 turn left & step on right, step left beside right Step right back, touch left toe behind, turn 1/2 turn left transferring weight to left
43 - 45 46 - 48	SLOW PIVOT-TURN, FORWARD, FULL TURN Step right forward, slowly pivot 1/2 turn left (2 beats) Step right forward, stepping left-right turn right
	REPEAT
	INSTRUMENTAL BREAK
	/After three sequences, and starting facing the back wall:
1 - 6	BASIC WALTZ FORWARD & BACK Step left forward, right beside left, left beside right, step right back, left beside right, right beside left
7 - 9 10 - 12	FORWARD, HALF-TURN, BACK, TOUCH-TURN Step left forward, turn 1/2 turn left & step on right, step left beside right Step right back, touch left toe behind, turn 1/2 turn left transferring weight to left
13 - 15 16 - 18	SLOW PIVOT-TURN, FORWARD, FULL TURN Step right forward, slowly pivot 1/2 turn left (2 beats) Step right forward, stepping left-right turn full turn right