

**CROSS, HOLD, TOUCH, HOLD, STEP, STEP, STEP, STEP:**

- 1 - 2 Step right foot across left, hold  
3 - 4 Touch left foot back, hold  
5 Step back left foot lifting right foot slightly off floor  
6 Step forward right foot lifting left foot slightly off floor  
7 Step back left foot lifting right foot slightly off floor  
8 Step forward right foot lifting left foot slightly off floor

**CROSS, HOLD, TOUCH, HOLD, STEP, STEP, STEP, STEP:**

- 9 - 10 Step left foot across right, hold  
11 - 12 Touch right toe back, hold  
13 Step back right foot lifting left foot slightly off floor  
14 Step forward left foot lifting right foot slightly off floor  
15 Step back right foot lifting left foot slightly off floor  
16 Step forward left foot lifting right foot slightly off floor

**/The toe touches at 3 and 11: Lift the trailing foot and touch the toe down right where it was. Steps 5-8 and 13-16 may be done as rocks for a lower impact alternative.**

**STEP RIGHT, SIDE LEFT, REPLACE RIGHT, LEFT BEHIND:**

- 17 - 18 Small step forward right foot, side step left foot on ball of foot with weight remaining centered over right  
19 - 20 Replace weight on right foot, step left foot behind right with weight remaining centered over right

**REPLACE RIGHT, SIDE LEFT, REPLACE RIGHT, LEFT BEHIND:**

- 21 - 22 Replace weight on right foot, side step left foot on ball of foot with weight remaining centered over right  
23 - 24 Replace weight on right foot, step left foot behind right

**/Take small steps with most of the weight on the ball of the foot. At performance tempos your center of gravity will remain centered over the right foot. The feeling here is reminiscent (well, to me anyway) of a sailor step.**

**STEP-SLIDES RIGHT:**

- 25 & Side step right foot & step together left  
26 & Side step right foot & step together left  
27 - 28 Side step right foot, touch together left

**VINE LEFT, 1/4 TURN LEFT AND TOUCH RIGHT:**

- 29 - 30 Side step left foot, step right foot behind left  
31 - 32 Face 1/4 turn left and step left, touch together right

**ROCK RIGHT, BACK LEFT, ROCK BACK RIGHT, STEP LEFT:**

- 33 - 34 Rock step forward right foot, step back on left  
35 - 36 Rock step back right foot, step forward on left

**STEP RIGHT, 1/4 LEFT, STOMP RIGHT TWICE:**

- 37 - 38 Step forward right foot, 1/4 turn left shifting weight to left foot  
39 - 40 Stomp together right foot twice

**REPEAT**