

Beer Gut

16 Count, 4 Wall, Beginner

Choreographer: Suzanne Wilson (Aug 09)
Choreographed to: Rockin' The Beer Gut by
Trailer Choir (87bpm)

Start dance on VOCALS, the count is slow....

Kick & Point Twice, Up-Stomp Twice, Kick, Shuffle Back

- 1&2 Kick right foot forward, step on right, point left out to left side
- 3&4 Kick left foot forward, step on left, point right out to right side
- 5&6 Up-Stomp or tap right toe next to left foot twice, kick right foot forward
- 7&8 Shuffle step back right, left, right

Toe Goes Back, 1/2 Turn Left, Rock & Cross Step Twice, "Get Your Self Around" 3/4 Turn Left

- 1-2 Touch left toe back, switch weight to left foot and turn 1/2 turn left
 - 3&4 Rock right foot out to right side, recover weight to left, step forward right
 - 5&6 Rock left foot out to left side, recover weight to right, step forward left
 - 7-8 Cross right foot over left and unwind 3/4 turn left, leaving weight on left
- EASIER: step right and turn body 1/4 turn left, step left and turn body 1/2 turn left]