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**The Traveler** 

**BEGINNER** 

32 Count

Choreographed by: Christine Bartlett Choreographed to: Things Change by Dwight Yoakam

/While traveling to the left

1 & 2 3 & 4 5 & 6 7 & 8	ROCK RIGHT, ROCK FORWARD, COASTER & CROSS, SIDE SHUFFLE, 1/4 TURN LEFT Rock right foot to right side, step left foot to left, step right foot next to left foot Rock left foot forward on angle (11:00) to left, step right foot to left, step left foot to left Rock right foot back, step left foot to left, cross right foot slightly over left foot Step left foot to left, step right foot next to left, step left foot to left with 1/4 turn left
1 - 2 3 - 4 5 - 6 & 7 - 8	ROCK FORWARD, RIGHT 3/4 TOE TURN, ROCK FORWARD, JUMP BACK, CLAP Rock forward on right foot, step left foot home Touch right around behind left foot, spin to right 3/4 (ending up with weight on right foot) Rock forward on left foot, step right foot home Jump back slightly to left on left foot, step right foot out to right, clap
1 - 4 & 5 - 6 7 - 8	HIP BUMPS LEFT&RIGHT, CROSSOVER HOLD, STEP TO SIDE, STEP BEHIND  Bumps hips twice to left, twice to right (pushing arms up and to opposite direction of bumps)  Step left foot slightly behind right foot, cross right foot over left foot, hold  Step left foot to left, step right foot behind left foot
& 1 - 2 3 - 4 5 & 6 7 - 8	CROSSOVER HOLD, SIDE ROCK, 1/4 TURN, SHUFFLE BACK, FULL SPIN LEFT Step left foot slightly behind right foot, cross right foot over left foot, hold Rock left foot out to left side, step right foot home while turning 1/4 to left Step left foot back, step right foot next to left foot, step left foot back (prepping for turn to left) Cross right foot over left foot, spin a full turn to left (ending up with weight still on left foot)

## REPEAT

## /Variations:

/If the floor is full and traveling is difficult

/On counts 1-8 just mambo to the right with right foot, mambo forward with left foot, mambo back with right foot, and mambo to left with left foot with 1/4 turn to left.

/If spinning is difficult for you

/Instead of doing the 3/4 toe turn on counts 11-12 you can do a triple step 3/4 turn to the right ending up with weight on right foot. Also, the full turn on counts 31-32 can be made by stepping back on left foot on 30 with a 1/2 turn to left, then step right foot forward on 31 and pivot to left 1/2 and take weight on left foot on 32, start over with your rock to the right.