

**The Swing** 

**BEGINNER** 

48 Count 4 Walls Choreographed by: Stephen "Razor Sharp" Sunter Choreographed to: If I Stay by Tracey Byrd

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1 - 2 3 & 4 5 - 6 7 & 8	1/2 PIVOT TURN, RIGHT COASTER STEP  Step left foot forward, pivot 1/2 turn right, (weight on left)  Step back on right & step left next to right, step right foot forward,  Step left foot forward, pivot 1/2 turn right, (weight on left)  Step back on right & step left next to right, step right foot forward,
9 - 10 11 & 12 & 13 - 14 15 & 16	DIAGONAL HIP BUMPS FORWARD, DIAGONAL HIP BUMPS BACKWARD  Bump hips diagonally forward (2 o'clock), bump hips diagonally backwards (8 o'clock)  Bump hips diagonally forward & back, forward & back  Step right foot back (4 o'clock) bumping hips backward, bump hips forward (10 o'clock)  Bump hips diagonally backward & forwards, backwards (weight on right)
17 - 18 19 & 20 20 - 22 23 & 24	FULL TURN LEFT, SIDE SHUFFLE LEFT, ROCK ON RIGHT, 1/4 TURN Full turn left stepping left, then right Step left foot left & step right next to left, step left foot left Step right foot behind left, (bend knee slightly), rock forward onto left Step right & left, right while making a 1/4 turn left
25 & 26 27 - 28 29 & 30 31 - 32	LEFT SHUFFLE, 1/2 PIVOT TURN, RIGHT SHUFFLE, ROCK FORWARD LEFT  Step forward left, step right next to left, step forward left  Step forward on right foot, pivot 1/2 turn left  Step forward right, step left next to right, step forward right  Step left foot forward (bend knee slightly), rock back onto right foot
33 & 34 35 & 36	LEFT COASTER STEP, SWING HIPS RIGHT, RIGHT COASTER STEP, SWING HIPS LEFT Step back on left, step right next to left, step left foot forward Point right toe to right swinging hips right at same time, swing hips left, right
37 & 38 39 & 40	/(Keep weight on left foot, right toe remains pointed to the right throughout counts 35&36) Step back on right, step left next to right, step right foot forward Point left toe to left swinging hips left at same time, swing hips right, left
	/(Keep weight on right foot, left toe remains pointed to the left throughout counts 39&40)
41 - 42 43 - 44 45 - 46 47 & 48	LEFT CROSS UNWIND 1/2, RIGHT CROSS UNWIND 1/2, STEPS RIGHT, SIDE SHUFFLE RIGHT Step left foot in front of right, unwind 1/2 turn over right shoulder Step right foot in front of left, unwind 1/2 turn over left shoulder Step left behind right, step right to right Step left next to right, step right to right, touch left next to right REPEAT