

HEEL-TOE SWIVELS TRAVELING RIGHT AND LEFT

- 1,2 Slide both heels to the right, slide both toes to right
3 & 4 Slide heels-toes-heels to right
5,6 Slide both heels to left, slide both toes to left
7 & 8 Slide heels-toes-heels to left

ROCK STEPS AND COASTERS

- 1,2 Rock forward on right foot, recover onto left
3 & 4 Step back on right, step left beside right, right steps forward.
5,6 Rock forward on left foot, recover onto right
7 & 8 Step back on left, step right beside left, left steps forward

SYNCOPATED TOE TOUCHES WITH HOLDS, STEP, KICK

- 1,2 Touch right toe out to side, hold for one beat
& 3 Quickly step right foot slightly forward of left foot and touch left toe out to side,
4 Hold for 1 beat
& 5 Quickly step left foot slightly forward of right foot and touch right toe to side
6 Hold for 1 beat
& 7 Quickly step right foot slightly forward of left foot, step left foot forward
8 Kick right foot forward.

BRUSH OR "SWEEP" BACK TURNING 1/2 RIGHT, HITCH, TRIPLE STEP, STOMPS, HIP BUMPS

- 1,2 Brush or sweep the ball of right foot back. Using momentum from sweep, turn around 1/2 to the right hitching right knee up.
3 & 4 Triple step (shuffle) forward right, left, right
5 Stomp left foot out to side slapping left hand on left buttocks
6 Stomp right foot (parallel to left foot and shoulder's width apart) slap right hand on right buttocks
7 & 8 Bump hips left-right-left

LINDY TO RIGHT, TRIPLE STEP TO LEFT. CROSS STEP WITH 3/4 TURN

- 1 & 2 Triple step to right side right, left, right
3,4 Rock back on left, recover onto right foot
5 & 6 Triple step to left side left, right, left
7,8 Step ball of right foot behind left, unwind 3/4 to right ending with weight on left foot.

HEEL FORWARD, TOE SIDE, HEEL FORWARD, TOE SIDE, HEEL JACKS

- 1 & 2 Touch right heel forward, step right foot beside left, touch left to out to side
3 & 4 Touch left heel forward, step left beside right, touch right toe out to side
& 5 Quickly step back on right foot, tap heel forward and 45° To left with left heel,
& 6 Step left beside right, touch right toe beside left foot.
& 7 & 8 Repeat steps &5&6

1/2 PIVOT TURN LEFT, TRIPLE STEP FORWARD, 1/4 PIVOT TURN RIGHT, STOMP RIGHT, LEFT

- 1,2 Step forward on ball of right foot, pivot 1/2 to left taking weight onto left foot
3 & 4 Triple (shuffle) step forward right, left, right
5,6 Step forward on ball of left foot, pivot 1/4 to right with weight on left foot.
7,8 Stomp right foot in place, stomp left foot in place

HEEL FORWARD, TOE BACK, TOUCH SIDE, DRAG, SWEEP WITH 1/2 TURN, HIP ROLL

- 1,2 Touch right heel forward, touch right toe back
3,4 Touch right toe out to side, slide or drag right toe in to beside left.
5,6 Start a toe sweep moving forward and to the right, continue to sweep toe to the right while turning 1/2 to right on left foot. Take weight on right foot
7,8 Roll hips to the right moving forward and to right side.

/It is important to equalize your weight to both feet so that weight is set proper to begin dance again!

REPEAT

/For counts 17-24, you should be traveling forward slightly. For counts 63-64, an option might be to execute a 2 beat "body roll". To add a bit of styling, try a head tilt left, right, left while shaking hips on counts 31&32.

(32057)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 *charged at 10p per minute