

## The Story Of My Life

32 Count, 4 Wall, Improver

Choreographer: Larry Schmidt (USA) Oct 2014

Choreographed to: Story Of My Life by One Direction

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### 32 count intro. Start on vocals .

#### 1-8 CROSS, BACK, TRIPLE RIGHT, CROSS, ¼ BACK, TRIPLE W/ ¼ TURN

- 1, 2 Step right across left, Step left back,  
3&4 Step right foot right, Step left next to right, Step right foot right,  
5, 6 Step left foot across right, Turn ¼ left stepping back onto right (9:00)  
7&8 Step left foot left, Step right next to left, Turn ¼ left stepping forward onto left (6:00).

#### 9-16 FORWARD ROCK, BACK ROCK, ¼ TURN, ½ TURN, TRIPLE W/ ½ TURN

- 1, 2 Rock forward onto right foot, Recover weight to left  
3, 4 Rock back onto right foot, Recover weight to left  
5, 6 Turn ¼ right stepping forward onto right, Turn ½ right stepping back into left (3:00)  
7&8 Turn ¼ right stepping right foot to side, Step left foot next to right,  
Turn ¼ right stepping forward onto right (9:00)

#### 17-24 ROCK, RECOVER, TRIPLE W/ ¼ TURN, ROCK, RECOVER, TRIPLE W/ ¼ TURN

- 1, 2 Rock forward onto left, Recover weight to right,  
3&4 Turn ¼ left onto left, Step right next to left, Step left foot left (6:00)  
5, 6 Rock right foot across left, Recover weight to left,  
7&8 Step right foot right, Step left next to right, Turn ¼ right stepping forward on right (9:00)

#### 25-32 ROCK, RECOVER, BACK, TOUCH BACK, ½ TURN, STEP, KICK-BALL-CHANGE

- 1, 2 Rock forward onto left, Recover weight to right  
3, 4 Step left foot back, Touch right toe back  
5, 6 Turn pivot ½ right onto right foot, Step left foot forward (3:00)  
7&8 Kick right foot forward, Step on ball of right foot, Step left foot slightly forward.

**ENDING: The music will end during the first 4 counts of the dance. To finish facing 12:00;  
Change the 1st 4 counts to CROSS, (1), BACK (2), TRIPLE w/ ½ turn to the front.**

**ENJOY**