

Sequence : A-A-B-A-B-A-A-B-A

A

1 + 2 SHUFFLE FWD R+L, STEP 1/2 TURN, MAMBO L
1 - 4 RF step diagonally forward - LF next to RF - RF step diagonally forward - hold
5 - 8 LF step diagonally forward - RF next to LF - LF step diagonally forward - hold
1 - 4 RF step forward - LF step forward with 1/2 turn L - close RF to LF - hold
5 - 8 LF step side - recover on RF - LF close to RF - hold

3 + 4 TOE-HEEL-SWIVELS MOVING TO R, SLIDE, CROSS UNWIND, SHAKE
1 - 4 Swivel both Heels than Toes to right, 2x
5 - 8 LF big step to side - RF cross over LF
1 - 4 unwind full turn L, weight ends on LF
5 - 8 free shake, weight ends on LF

B

1 CHASSE R, BACK ROCK, SIDE-TOGETHER-SIDE
1 + 2 RF step side - LF next to RF - RF step side
3 - 4 LF cross behind RF - recover weight on RF
5 - 8 LF step side (knee out) - RF next to LF(knee in) - LF step side (knee out) - RF step next to LF(knee in)

2 SLOW KICKS FWD BACK SIDE, CROSS
1 - 2 LF kick forward - hold
3 - 4 LF kick backwards - hold
5 - 6 LF kick side - hold
7 - 8 LF cross over RF - hold

3 KICKS R + L + R + L TURNING 1/2 R
1 - 2 RF kick fwd - RF close next to LF turning 1/8 R
3 - 4 LF kick fwd - LF close next to RF turning 1/8 R
5 - 8 repeat 1 - 4

4 SUZY Q (TRAVELING HEEL GRINDS) L
1 - 2 Right Heel cross over LF (twist toes L) - LF step side (twist toes R)
3 - 8 repeat 1 - 2

(Arms together low in front, palms parallel to the floor)

Start again and have Fun!
