

Been There

32 Count, 4 Wall, Beginner

Choreographer: Johnny Sheehan (UK) Aug 2013

Choreographed to: Don't Talk To Me About Losing by Micke Muster (110 bmp); Alone by Bee Gees; Give It Up by Andrew Spencer

S1 Chases L, Rock-Recover, Vine R, Brush:

- 1&2 Step L to L side, Close R to L, Step L to L
- 3-4 Rock-step R back, Recover on L
- 5-8 Step R to R side, Cross L behind R, Step R to R, Brush L fwd

S2 Rocking Chair, Shuffle Fwd, Rock-Recover:

- 1-4 Rock-step L fwd, Recover on R, Rock-step L back, Recover on R
- 5&6 Step L fwd, Close R to L, Step L fwd
- 7-8 Rock-step R fwd, Recover on L

S3 Shuffle Back, 1/4 Turn L, Touch, Step, Touch, Chases 1/4 Turn L:

- 1&2 Step R back, Close L to R, Step R back
- 3-4 Step L 1/4 turn L, Touch R beside L (9)
- 5-6 Step R to R side, Touch L beside R
- 7&8 Step L to L side into 1/4 turn L, Close R to L, Step L fwd (6)

S4 Paddle 1/8 Turn L X2, Jazz Box, Touch:

- 1-4 Step R fwd, Pivot 1/8 turn L, Step R fwd, Pivot 1/8 turn L (3)
- 5-8 Cross-step R over L, Step L back, Step R in place, Touch L beside R

Note: dance not phrased to music near end...just enjoy without tags or restarts

Music download available from iTunes