

The Promise

36 Count, 4 Wall, Improver, Waltz
Choreographer: Bill Larson (Aus) April 09
Choreographed to: The Promise by Jody Jenkins,
CD: Dancing The Night Away (115 bpm)

Start 12 counts in on vocals

1. Step Turn Step, Back Waltz

1,2,3 Step L fwd, turning 1/2 L Step R back, Step L beside R (6:00)
4,5,6 Step back on R, Step L beside R, Step R beside L

2. Cross Side Rock, Cross Side Rock

1,2,3 Cross L over R, Step R to side, Rock weight back onto L
4,5,6 Cross R over L, Step L to side, Rock weight back onto R

3. Cross Turn Turn, Cross Rock Side

1,2,3 Cross L over R, turning 1/4 L Step R back turning 1/4 L, Step L to side (12:00)
4,5,6 Cross R over L, Rock weight onto L, Step R to side

4. Cross Side Behind, Step Rock Rock

1,2,3 Cross L over R, Step R to side, Step L behind R
4,5,6 Step R slightly fwd at 45° R, Rock back onto L, Rock fwd on R

5. Step Sweep Touch, Back Waltz

1,2,3 Step L fwd turning 1/2 L Sweep R in an arc to touch beside L, Hold (6:00)
4,5,6 Step back on R, Step L beside R, Step R beside L

6. Forward Turn Step, Step Turn Step

1,2,3 Step L fwd, turning 1/4 L Step R beside L, Step L beside R
4,5,6 Step back on R, turning 1/2 L Step L fwd, Step R beside L (9:00)

Tags (4): After Walls 2 (6:00), 3 (3:00), 6 (12:00) & 7 (9:00) – Add the following 6 counts

1,2,3 Cross / Step L over R, Touch R to side, Hold
4,5,6 Cross / Step R behind L, Touch L to side, Hold

Restart (1): After Wall 4 (facing 12:00) Dance Sections 1 – 2 and restart the dance (facing 6:00)
