

The Old Fashioned Way

64 Count, 4 Wall, Improver

Choreographer: Yvonne Anderson (Scotland)

Oct 2008

Choreographed to: The Old Fashioned Way by
Charles Aznavour, Album: Greatest Hits (144 bpm)

Start on main vocal. This is a foxtrot rhythm the letters in () denote timing. The numbers in [] show facing wall at the end of each movement.

- 1. FORWARD LEFT-LOCK-LEFT, HOLD, RIGHT SCISSOR STEP, HOLD**
1-4 (QQS) Step L forward, Lock R behind left, Step L forward, Hold [12.00]
5-8 (QQS) Step R to right, Slide L beside right, Step R across left, Hold [12.00]
- 2. LEFT SCISSOR STEP, HOLD, FULL ROLLING TURN LEFT, HOLD**
1-4 (QQS) Step L to left, Step R beside left, Step L across R, Hold [12.00]
5-8 (QQS) Make 1/4 turn left stepping R back, Make 1/2 turn left stepping L to side, make 1/4 turn left stepping R to side, Hold [12.00]
- 3. CROSS ROCK, RECOVER, DIAGONAL REVERSE LOCK STEPS, HOLD**
1-2 (QQ) Rock L across right, recover weight on R [1.30]
3-8 (QQQQS) Travelling back towards left diagonal step L back, Slide R across left, Step L back, Slide R across left, Step L back, Hold [1.30]
- 4. FULL TRIPLE STEP TURN RIGHT, HOLD, SLOW HIP SWAYS (squaring off to wall) LEFT & RIGHT**
1-4 (QQS) Make a full turn right stepping R, L, R, Hold [1.30]
5-8 (SS) Squaring off to 3.00 o'clock wall slowly sway hips L, R and move hands from left to right palms out [3.00]
- 5. LEFT CHASSE with 1/4 TURN LEFT, HOLD, SHUFFLE 1/2 TURN LEFT, HOLD**
1-4 (QQS) Step L to left, Step R beside left, Make 1/4 turn left stepping L forward, Hold [12.00]
5-8 (QQS) Make 1/4 turn left and step R to right, Step L beside right, Make 1/4 turn left step R back, Hold [6.00]
- 6. ROCK BACK, RECOVER, STEP, FULL SPIN with HITCH, FORWARD RIGHT SHUFFLE, HOLD**
1-4 (QQS) Rock L back, Recover weight on R, step L forward, Hitch R across left and make full turn over right [6.00]
5-8 (QQS) Shuffle forward stepping R, L, R Hold [6.00]
- 7. SIDE, BEHIND, STEP FORWARD with 1/4 TURN LEFT, HOLD, STEP, PIVOT 1/2 TURN LEFT, STEP HOLD**
1-4 (QQS) Step L to left, Step R behind left, Make 1/4 left stepping L forward, Hold [3.00]
5-8 (QQS) Step R forward, Pivot 1/2 turn left, Step R forward, Hold [9.00]
- 8. FULL TRIPLE STEP TURN RIGHT (travels forward), HOLD, FULL TRIPLE STEP TURN LEFT (travels forward), HOLD**
1-4 (QQS) Make a full turn right (travels forward) Stepping L, R L, Hold [9.00]
5-8 (QQS) Make a full turn left (travels forward) Stepping R, L R. Hold [9.00]
(easier option perform 1st full turn then shuffle forward R, L R, Hold)

Repeat – And sing really loud ... with an 'Allo Allo' French accent

The music fades at the end; you will be facing the back wall.

To finish facing forward; dance counts 1-12 as normal then simply make 1/2 turn to face front and pose.