

The J-Team Shuffle

BEGINNER

44 Count 4 Walls

Choreographed by: James "Jimbo" Krywko

Choreographed to: Justified And

Ancient by Tammy Wynette and The KLF

MODIFIED STAR STEPS

- 1 - 2 Touch right foot front, touch right foot side
3 & 4 Touch right foot back behind left, hop feet out, hop feet together (weight ends up on right)
5 - 6 Touch left foot front, touch left foot side
7 & 8 Touch left foot back behind right, hop feet out, hop feet together (weight ends up on left)

TWISTING SHUFFLES BACK

- 1 & 2 Right shuffle back(right-left-right) (twist body to right)
3 & 4 Left shuffle back(left-right-left) (twist body to left)
5 & 6 Right shuffle back(right-left-right) (twist body to right)
7 & 8 Left shuffle back(left-right-left) (twist body to center)

CHARLESTON SEQUENCE (RIGHT & LEFT)

- 1 - 2 Kick right foot forward twice
3 - 4 Touch right toe back, touch right toe forward
5 - 6 Step back on right, touch left foot forward (no weight on it)
7 - 8 Bump hips back twice
1 - 2 Kick left foot forward twice
3 - 4 Touch left toe back, touch left toe forward
5 - 6 Step back on left, touch right foot forward (no weight on it)
7 - 8 Bump hips back twice

TURNING VINES (KEEP THESE SMALL)

- 1 - 2 Step right to right-turn 1/4 turn to right, pivot on left-turn 1/2 turn to right
3 - 4 Pivot on right -turn 1/4 turn to right, stomp left & clap
5 - 6 Step left to left-turn 1/4 turn to left, pivot on right-turn 1/2 turn to left
7 & 8 Pivot on left -turn 1/4 turn to left, stomp right & clap (no weight)

TURN SEQUENCE

- 1 - 2 Step right foot forward, pivot 1/4 turn to left & step on left
3 & 4 Stomp shuffle right-left-right (no weight) (stomp-stomp-stomp)

REPEAT