

PART A**LEFT ROMP, RIGHT ROMP 1/4 TURN BALL CHANGE, STEP RIGHT, LEFT, RIGHT COASTER STEP**

- & 1 & 2 Step back on right foot, touch left heel diagonally forward, step left back in place, step right next to left
& 3 & 4 Step back on left foot, touch right heel diagonally forward, step right back in place making 1/4 turn to the right, step left foot forward
5 - 6 Step forward right, step forward left, (right foot should raise slightly when you step forward left)
7 & 8 Place weight back on right foot, step left next to right, step forward on right foot

STEP LEFT, 3/4 PIVOT TURN RIGHT, SIDE SHUFFLE LEFT, 1/4 TURN RIGHT COASTER STEP, STEP LEFT, 1/4 TURN RIGHT

- 9 - 10 Step forward on left foot, pivot 3/4 turn right
11 & 12 Step left foot to left side, slide right next to left, step left foot to left side
13 & 14 Making a 1/4 turn backward over right shoulder step back on right foot, step left next to right, step forward on right foot
15 - 16 Step forward on left foot, pivot 1/4 turn right, (weight on left foot)

CROSS ROCKS RIGHT, CROSS ROCKS LEFT

- 17 & Cross step right foot in front of left lifting left foot, place weight onto left foot lifting right
18 & Place weight onto right lifting left, place weight onto left foot lifting right
19 - 20 Place weight onto right lifting left, scuff & hitch left foot next to right
21 & Cross step left foot in front of right lifting right foot, place weight onto right foot lifting left
22 & Place weight onto left lifting right, place weight onto right foot lifting left
23 - 24 Place weight onto left lifting right, scuff & hitch right foot next to left

/Put spring into these steps**STEP RIGHT, PIVOT 1/2 TURN LEFT, STEP RIGHT, PIVOT 1/2 TURN LEFT, SCUFF HITCH RIGHT, SCUFF HITCH LEFT**

- 25 - 26 Step forward on right foot, pivot 1/2 turn left
27 - 28 Step forward on right foot, pivot 1/2 turn left
29 & 30 Scuff right foot next to left, hitch right knee, step forward on right foot
31 & 32 Scuff left foot next to right, hitch left knee, step forward on left foot

ROCK FORWARD RIGHT, RIGHT SHUFFLE BACK, ROCK BACK LEFT, LEFT SHUFFLE FORWARD

- 33 - 34 Rock forward on right foot, rock back on left foot
35 & 36 Step back right, slide left next to right, step back on right
37 - 38 Rock back on left foot, rock forward on right foot
39 & 40 Step forward left, slide right next to left, step forward on left

STOMP RIGHT, HEEL TAPS X 3, SHOULDER SHRUGS X 4 WITH 1/4 TURN

- 41 - 44 Stomp right foot forward, tap right heel for 3 counts
45 - 48 Shrug right shoulder forward & back for 4 counts, while making a 1/4 turn left (weight on left foot)

PART B**SIDE SHUFFLE RIGHT, ROCK LEFT BEHIND, 2 X HIP BUMPS LEFT, 2 X HIP BUMPS RIGHT**

- 49 & 50 Step right to right side, slide left next to right, step right to right side
51 - 52 Rock back on left behind right foot, rock weight back on to right foot
53 - 54 Step on left foot as you bumps hips to left (2 counts)
55 - 56 Bump hips to right twice, (weight on right foot)

/Hip bumps can be replaced for snake rolls left (2 counts) then right (2 counts)**SIDE SHUFFLE LEFT, ROCK RIGHT BEHIND, 2 X HIP BUMPS RIGHT, 2 X HIP BUMPS LEFT**

- 57 & 58 Step left to left side, slide right next to left, step left to left side
59 - 60 Rock back on right behind left foot, rock weight back on to left foot

61 - 62 Step on right foot as you bumps hips to right (2 counts)
63 - 64 Bump hips to right twice, (weight on left foot)

/Hip bumps can be replaced for snake rolls right (2 counts) then left (2 counts)

REPEAT

/When The Interceptor was demonstrated, the majority preferred the dance with section (A) & (B) danced as one sequence. When dancing to Don't Be Stupid by Shania Twain, or any other piece of music you prefer the dance should be danced as a 64 step Intermediate Line Dance

/For the more adventurous dancer, try doing the dance to "Put Your Heart Into It" by Sherrii & ½ Austin, dancing it as follows:

/Section A, B, A, B, C, A, A, The last 16 counts from section A (33 - 48), B

PART C

SIDE SHUFFLE, CROSS LEFT, UNWIND FULL TURN, SIDE SHUFFLE, ROCK BACK, ROCK FORWARD

1 & 2 Step right to right side, slide left next to right, step right to right side
3 - 4 Cross step left foot in front of right, unwind a full turn to the right
5 & 6 Step left to left side, slide right next to left, step left to left side
7 - 8 Rock back on right foot, rock forward on left

(31905)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 *charged at 10p per minute