
JUMPING JACKS

- 1 - 4 Jump feet apart shoulder width, jump feet cross (right over left), unwind 1/2 turn left, clap
5 - 8 Jump feet apart shoulder width, jump feet cross (right over left), unwind 1/2 turn left, clap

WALK SHUFFLE

- 9 Walk up left
10 Walk up right
11 Swing scuff left foot forward
12 Swing left foot backwards
13 & 14 Shuffle in place left, right left
15 Stomp right foot
16 Stomp left foot

WALK SHUFFLE

- 17 - 20 Walk up right left, swing scuff right foot forward, backward
21 - 24 Shuffle in place right, left, right, stomp left foot, stomp right foot (weight on right foot)

PIVOTS

- 25 - 28 Step forward left foot (pivot 1/2 turn right) step on right foot, step forward on left foot (military turn 1/4 right) step on right foot

CIRCLE BALL STOMP

- 29 - 30 Point left foot forward to 12 o'clock, circle left foot 1/2 turn back to 6 o'clock
31 Change weight to left foot
32 Stomp right foot next to left foot (weight on both feet)

REPEAT