

The Flush

BEGINNER 72 Count

Choreographed by: Jason Bett Choreographed to: Space Jam by Quad City DJs

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1 & 2 & 3 & 4 & 5 - 6 7 - 8	HEEL TAPS, RIGHT CROSS STEP, HOLD, ROCK STEP Touch right heel forward, bring right foot home, touch left heel forward Bring left foot home, touch right heel forward Bring right foot home, touch left heel forward Bring left foot home, cross step right over left, hold Step left foot to left side, rock weight onto right (side rock step)
1 & 2 3 & 4 5 - 6 7 & 8	SAILOR SHUFFLES, CROSS, UNWIND HALF TURN LEFT, KICK-BALL-SIDE Left sailor shuffle in place (left-right-left) Right sailor shuffle in place (right-left-right) Cross left foot behind right, unwind half turn to left Kick right foot forward, step right foot next to left, touch left foot out to left side
1 & 2 & 3 & 4 & 5 - 6 7 - 8	QUARTER TURN SAILOR SHUFFLE, KNEE POPS, STEP & DRAG, 2 HIP BUMPS Step left foot behind right, step right next to left while making a quarter turn to left, touch left toes forward Step left foot next to right, touch right toes slightly forward with knee pop Step right foot home, touch left toes forward Step left foot home, big step forward on right, drag left foot next to right 2 hip bumps to right with weight ending on right
& 1 & 2 3 - 4 & 5 - 6 7 - 8	CHA-CHA TO THE RIGHT, TOE TOUCH, QUARTER TURN, STEP & DRAG, 2 HIP BUMPS Bump hip to left once, cha-cha traveling to the right (right-left-right) Touch left toe in place, pivot a quarter turn left by swinging left knee out Step left foot back, big step forward on right, drag left foot next to right while pivoting a quarter turn to left 2 hip bumps to right with weight ending on left
1 - 2 3 & 4 5 - 6 7 - 8	ROCK STEP, COASTER STEP (MODIFIED) WITH QUARTER TURN, DRAG, HIP BUMPS, FLUSH Rock step forward on right, recover on left Step right foot back, step left foot next to right, big step forward on right pivoting a quarter turn left sliding left next to right Bump hips to right, bump hips to right again Hip roll to the left with weight ending on left ("a flush") using 2 beats
1 - 2 3 & 4 5 - 6 7 - 8	ROCK STEP, COASTER STEP (MODIFIED) WITH QUARTER TURN, DRAG, HIP BUMPS, FLUSH Rock step forward on right, recover on left Step right foot back, step left foot next to right, big step forward on right pivoting a quarter turn left sliding left next to right Bump hips to right, bump hips to right again Hip roll to the left with weight ending on left ("a flush") using 2 beats
1 & 2 3 - 4 & 5 & 6 7 - 8	HEEL-BALL-CROSS, HEEL TAPS, TOE TOUCHES, HALF TURN, CLAP Touch right heel forward, step on ball of right next to left, cross left over right Tap right heel forward twice Step home with right foot, touch left toes out to left side Step home with left foot, touch right toes out to right side Push off with right foot making a half turn to right feet ending together, clap
1 & 2 3 - 4 5 & 6 7 - 8	HEEL-BALL-CROSS, HEEL, HOOK, QUARTER TURN SHUFFLE, ROCK STEP Touch left heel forward, step on ball of left next to right, cross right over left Tap left heel forward, hook left foot over right Step left to left side making a quarter turn to left, step right next to left, step forward on left Rock step right foot forward, recover on left
1 & 2	SHUFFLE HALF TURN RIGHT, ROCK STEP, SHUFFLE HALF TURN LEFT, TOUCH RIGHT, TOUCH LEFT Shuffle forward right-left-right while making a half turn to right

3 - 4 Rock step forward on left, recover on right
5 & 6 Shuffle forward left-right-left while making a half turn to left
7 & Touch right toes out to right side, bring right foot home
8 & Touch left toes out to left side, bring left foot home

REPEAT

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