

6 And More

32 Count, 4 Wall, Improver

Choreographer: Martie Papendorf (South Africa) March 2013

Choreographed to: Seven Tears by Goombay Dance Band.

Essential 80's:Dance (90 bpm)

Intro. : 32 counts, Start on vocals

1 Rock R L, Cross Shuffle, Rock L R, Fwd Shuffle

1,2 Rock R to right side, Recover L to left side,
3&4 Step R across L, Step L to left side, Step R across L,
5,6 Rock L to left side, Recover R to right side,
7&8 Step L fwd, Step R next to L, Step L fwd

2 Fwd Rock, Recover, Coaster step, Fwd, Back ¼ left, Side, Cross, Back ¼ right

1,2 Rock R fwd, Recover L back,
3&4 Step R back, Step L next to R, Step R fwd
5,6 Rock L fwd, Recover R back making a ¼ turn left [9.00],
7,8& Step L to left side, Rock R across L, Step L back making a ¼ turn right [12.00]

3 Fwd ¼ right, Lock, Fwd lock fwd, Fwd, Lock, Fwd lock fwd

1,2 Step R fwd making a ¼ turn right [3.00], Lock L behind R,
3&4 Step R fwd, Lock L behind R, Step R fwd,
5,6 Step L fwd, Lock R behind L,
7&8 Step L fwd, Lock R behind L, Step L fwd

4 Point fwd side, Sailor step, Point fwd side, Sailor turn ½ left

1,2 Point R across L, Point R to right side,
3&4 Swing and step R behind L, Rock L to left side, Recover R to right side,
5,6 Point L across R, Point L to left side,
7&8 Swing and step L behind R making a ½ turn left, Step R to right side, Step L across R [9.00]

Tag 4 counts - To be added at the end of Wall 1 facing 9.00

1 - 4 Sway R, L, R, L