

## Beautiful Waste Of Time

32 Count, 4 Wall, Improver, ECS

Choreographer: Christina Yang (S. Korea) Sept 2014

Choreographed to: Beautiful Waste Of Time by Alexia Coley

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### Start the dance after 16 counts

**1 KICK BALL CHANGE, KICK BALL CHANGE, SIDE LONG STEP, BACKWARD ROCK, RECOVER, SIDE STEP**

1a2 LF forward kick, LF in place, weight transfer to RF,

3a4 LF forward kick, LF in place, weight transfer to RF

5-6 LF long step to L side

7a8 RF backward rock, LF recover, RF side step

**2 BACKWARD ROCK, RECOVER, SIDE, 1/4 TURN TO R WITH BACKWARD ROCK, RECOVER, FORWARD, FORWARD SHUFFLE, FORWARD WALK(BEND OF KNEE), FORWARD KICK**

1a2 LF backward rock, RF recover, LF side step

3a4 1/4 turn to R with RF backward rock, LF recover, RF forward walk

5a6 LF forward walk, RF half closed LF, LF forward walk

7-8 RF forward walk(bend of knee), LF forward kick

**3 COASTER STEP, SIDE SHUFFLE, 1/4 TURN TO L WITH SIDE SHUFFLE, 1/4 TURN TO L WITH SIDE SHUFFLE**

1a2 LF backward walk, RF closed LF, LF forward walk

3a4 RF side step, LF closed RF, RF side step

5a6 1/4 turn to L with LF side step, RF closed LF, LF side step

7a8 1/4 turn to L with RF side step, LF closed RF, RF side step

**4 BACKWARD ROCK RECOVER, FORWARD WALK, 1/4 TURN TO R WITH SWIVEL (WEIGHT ON LF), IN PLACE, 1/4 TURN TO L WITH SWIVEL(WEIGHT ON RF), BACKWARD ROCK, RECOVER**

1-2 LF backward rock, RF recover

3-4 LF forward, 1/4 turn to R with L heel swivel to L(weight on LF) and R knee straight with toe touch  
**(this action happens over counts 3-4 and smooth rolling hip action)**

5-6 RF in place, 1/4 turn to L with R heel swivel to R(weight on RF) and L knee straight with toe touch  
**(this action happens over counts 5-6 and smooth rolling hip action)**

7-8 LF backward rock, RF recover