

ROCK STEP, SHUFFLE

- 1 Step forward on left foot
2 Rock back onto right foot
3 & 4 Do a shuffle step back (left, right, left)

ROCK STEP, SHUFFLE TURN

- 5 Step back on right foot
6 Rock forward onto left foot
7 & 8 Do a shuffle step (right, left, right) traveling toward your starting point as you turn 1/2 turn to the left

ROCK STEP, SHUFFLE TURN

- 9 Step backward on left foot
10 Rock forward onto right foot
11 & 12 Do a shuffle step forward (left right, left) traveling away from your starting point as you turn 1/12 turn to the right

ROCK STEP, SHUFFLE TURN

- 13 Step backward on right foot
14 Rock forward onto left foot
15 & 16 Do a shuffle step (right, left, right) as you turn 1/4 turn to the left. You end up facing 1/4 turn to the left of your original starting position as you finish the shuffle step

STEP, SIDE, STEP, SLIDE

- 17 Left foot steps forward
18 Right foot slides up beside left foot
19 Left foot steps forward
20 Right foot slides up beside left foot

REPEAT