

The Coast Is Clear

BEGINNER

64 Count

Choreographed by: Gwenda Rooke

Choreographed to: Coast Is Clear by Tracy Lawrence

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- 1 Turning 1/4 turn right step to side on right foot (sway hips right)
2 Turning 1/4 turn left step/rock forward onto left (swaying hips left)
3 & 4 Bringing right beside left triple step on the spot right-left-right
5 Turning 1/4 turn left step to side on left foot (sway hips left)
6 Turning 1/4 turn right, step/rock forward onto right (swaying hips right)
7 & 8 Bringing left beside right triple step on the spot left-right-left
1 - 2 Step forward (long step) on right at 45 degrees right, slide left beside right (transfer weight to left)
3 & 4 Triple step on the spot right-left-right
5 - 6 Step forward (long step) on left at 45 degrees left, slide right beside left (transfer weight to right)
7 & 8 Triple step on the spot left-right-left
1 - 2 Step/rock forward on right, rock back onto left
3 & 4 Shuffle back right-left-right lifting right heel & popping knee forward on last step back
5 - 6 Rock forward on left, drag left toe around in a large half circle
7 & 8 Shuffle across in front left-right-left
1 - 2 Step/rock forward on left, rock back onto right
3 & 4 Shuffle back left-right-left lifting left heel & popping knee forward on last step back
5 - 6 Rock forward on right, drag right toe around in a large half circle
7 & 8 Shuffle across in front right-left-right
1 - 2 Step forward on right, pivot 1/2 turn left (transfer weight to left)
3 & 4 Triple step on spot right-left-right
5 - 6 Step forward on ball of left hitching right, turn 3/4 turn right
7 & 8 Step right to side, pushing hips right-left-right
1 - 2 Step left across in front of right, step right to side
3 - 4 Step left behind right, point right toe to right side
5 & 6 Shuffle across in front right-left-right
7 - 8 Turning 1/2 turn right step slightly back on left, step right to right side
1 - 2 Step/rock left across in front of right, rock back onto right
3 & 4 Triple step on spot left-right-left
5 - 6 Step/rock right across in front of left, rock back onto left
7 & 8 Triple step on spot right-left-right
1 & 2 Shuffle forward left-right-left turning full turn right
3 & 4 Shuffle forward right-left-right
5 - 6 Step forward on left, pivot 1/2 turn right (transfer weight to right)
7 & 8 Triple step on spot left-right-left

REPEAT