

### INTRODUCTION

**/Begin dance with this introduction to loosen up your muscles. It begins approximately 64 counts into the song.**

#### **BODY ROLL, LEG ROLLS, HIP ROLLS**

- 1 - 4 Body roll
- 5 - 12 Right leg roll to the right, left leg roll to the left, right leg roll, left leg roll (2 counts each roll)
- 13 - 16 Hip roll in a figure 8 pattern
- 17 - 32 Repeat above steps (1-16)

#### **BODY ROLL, HIP BUMPS (1-16)**

- 1 - 4 Body roll
- 5 - 8 2 left hip bumps, 2 right hip bumps
- 9 - 12 Body roll
- 13 - 16 2 left hip bumps, 2 right hip bumps

#### **BODY ROLL, HIP BUMPS (1-16)**

- 1 - 4 Body roll
- 5 - 8 Left hip bump, right hip bump, left hip bump, right hip bump
- 9 - 12 Body roll
- 13 - 16 Left hip bump, right hip bump, left hip bump, right hip bump

### DANCE

#### **TOE FORWARD, TOE BACK, LEG BEHIND, LEG OUT**

- 1 - 4 Touch left toe forward, touch left toe back, slap left foot with right hand as you swing it behind right leg, slap left outer foot with left hand
- & Step left beside right
- 5 - 8 Touch right toe forward, touch right toe back, slap right foot with left hand, slap right outer foot with right hand
- & Step right beside left
- 9 - 16 & Repeat above steps

#### **ROCK STEPS FORWARD, ROCK STEPS BACK**

- 1 - 4 Rock forward on right, rock back on left, rock forward on right, rock back on left
- 5 - 8 Rock back on right, rock forward on left, rock back on right, rock forward on left
- 9 - 16 Repeat Above Steps

#### **ROLLING VINE, KNEE POPS**

- 1 - 4 1/4 turn rolling vine to right (drag left leg beside right on 4th count)
- 5 - 8 Right knee pop, left knee pop, right knee pop, left knee pop (weight on right)
- 9 - 12 1/4 turn rolling vine to left (drag right leg beside left on 4th count)
- 13 - 16 Left knee pop, right knee pop, left knee pop, right knee pop (weight on left)

#### **MAD HATTER, HEEL JACKS**

- 1 & Touch ball of right foot beside left, scoot backward on left while hitching right
- 2 & Touch ball of right foot beside left, scoot backward on left while hitching right
- 3 & Touch ball of right foot beside left, scoot backward on left while hitching right
- 4 Step right foot beside left
- & 5 Step back on left, touching right heel forward
- & 6 Step home on right, touching left to right
- & 7 Step back on left, touching right heel forward
- & 8 Step home on right, step left beside right
- & 9 Step back on right, touching left heel forward
- & 10 Step home on left, touching right to left
- & 11 Step back on right, touching left heel forward
- & 12 Step home on left, step right beside left

- 13 & Touch ball of left foot beside right, scoot backward on right while hitching left  
14 & Touch ball of left foot beside right, scoot backward on right while hitching left  
15 & Touch ball of left foot beside right, scoot backward on right while hitching left  
16 Step left foot beside right

#### **SHUFFLE TO SIDE, OVER SHUFFLE, SHUFFLE TO SIDE, STEP BEHIND, STEP SIDE**

- 1 & 2 Moving to the right-shuffle right (right-left-right)  
3 & 4 Moving to the right-bring left over right and shuffle left (left-right-left)  
5 & 6 Moving to the right-shuffle right (right-left-right)  
7 - 8 Step left behind right, step right beside left  
9 - 16 Repeat above steps travelling to left

#### **STAMP, KICK, STAMP, KICK (WITH 1/4 TURNS)**

- 1 - 4 Stamp right foot beside left, kick right leg forward, stamp right foot beside left, kick right leg forward (while turning 1/4 right)  
5 - 8 Stamp right foot beside left, kick right leg forward, (while turning 1/4 right facing back wall), stamp right foot beside left, kick right leg forward (while turning 1/4 right facing left wall)  
9 - 16 Repeat above steps switching to left leg and turning 1/4 left

#### **STAMP, KICK FORWARD, STAMP, KICK FORWARD**

- 1 - 4 Stamp left foot beside right, kick left leg forward, stamp right foot beside left, kick right leg forward  
5 - 8 Stamp left foot beside right, kick left leg forward, stamp right foot beside left, kick right leg forward

#### **ROCK STEPS, TURN, ROCK STEPS, TURN**

- 9 - 12 Rock forward right, rock back left, 1/2 turn right (stepping on right), rock forward left  
13 - 16 Rock back right, 1/2 turn left (stepping on left), step forward right, touch left beside right (2nd time step left beside right)  
17 - 32 Repeat above steps

#### **MODIFIED MONTEREY TURNS**

- 1 - 4 Touch right to right side, turn 1/2 right while hitching right, step right down, touch left beside right  
5 - 8 Touch left to left side, turn 1/2 left while hitching left, step left down, touch right beside left  
9 - 16 Repeat above steps

#### **STEP, HIP ROLLS, 1/4 TURN**

- 1 - 8 Step right forward (on ball of foot), roll hips, step left forward, roll hips, step right forward, roll hips, step left forward, turn 1/4 right (keeping weight on left foot)  
9 - 16 Step right forward, roll hips, step left forward, roll hips, step right forward, roll hips, step left forward, turn 1/4 right (stepping down on right)

#### **REPEAT**

**/The dance finishes after the fiddle music. There is one extra beat. Finish the dance with a flourish by tapping left toe behind right, bring left arm behind back, head down and right hand on front brim. Or any other way you can think of.**