

4 count intro

- 1** **TWIST & TWIST & TWIST & TWIST &.**  
**STEP BACK, TOUCH, STEP FORWARD, TOUCH**  
1&2&3&4& Touch Right toe forward and twist hips and arms R/L R/L R/L R/L  
5-6-7-8 Step back on Right, touch Left toe back, step forward Left, touch Right toe forward
- 2** **TWIST & TWIST & TWIST & TWIST &.**  
**STEP BACK, TOUCH, STEP FORWARD, TOUCH**  
9&10&11&12& Touch Right toe forward and twist hips and arms R/L R/L R/L R/L  
13-14-15-16 Step back on Right, touch Left toe back, step forward Left, touch Right toe forward
- 3** **CROSS, BACK, SIDE, CROSS, BACK, TURN, CROSS, BACK**  
17-18-19-20 Cross Right over Left, step back Left, step Right to Right side, cross Left over Right,  
21-22 Step back Right, make a 1/4 turn Left stepping forward on Left,  
23-24 Cross Right over Left, step back Left
- 4** **SIDE, IN FRONT, SIDE, BEHIND, SIDE, IN FRONT, SIDE, TOGETHER.**  
**TWIST & TWIST & KICK-BALL CHANGE**  
25& Step Right to Right side, cross Left over Right,  
26& Step Right to Right side, step Left behind Right,  
27& Step Right to Right side, cross Left over Right,  
28& Step Right to Right side, step Left next to Right  
29&30& Twist hips and arms L/R L/R,  
31&32 Kick Left forward, step Left in place, step Right in place
- 5** **SIDE, BEHIND, SIDE, IN FRONT, SIDE, BEHIND, SIDE, TOGETHER.**  
**TWIST & TWIST & KICK-BACK CHANGE**  
33& Step Left to Left side, step Right behind Left,  
34& Step Left to Left side, cross Right over Left,  
35& Step Left to Left side, step Right behind Left,  
36& Step Left to Left side, step Right next to Left  
37&38& Twist hips R/L R/L,  
39&40 Kick Right forward, step Right in place, step Left in place
- 6** **PIVOT 1/2, PIVOT 1/4**  
41-42-43-44 Step forward Right, pivot a 1/2 turn Left, step forward Right, pivot a 1/4 turn Left

**Note:** Dance through middle section where there is a break in the music and get dancers to shout out steps as they do it to keep time.

---