

RIGHT FOOT HEEL GRIND WITH A 3 STEP SHUFFLE

1 - 2 Place right heel forward and grind from left to right
3 & 4 Do a 3 step shuffle (right-left-right)

LEFT FOOT HEEL GRIND WITH A LEFT 3 STEP SHUFFLE

5 - 6 Place left heel forward and grind from right to left
7 & 8 Do a 3 step shuffle (left-right-left)

1/2 RIGHT VINE WITH A RIGHT 3 STEP SHUFFLE

1 - 2 Step right, left behind
3 & 4 3 step shuffle (right-left-right)

1/2 LEFT VINE WITH A LEFT 3 STEP SHUFFLE

5 - 6 Step left, right behind
7 & 8 3 step shuffle (left-right-left)

TOUCH RIGHT, SCOOT, TOUCH LEFT

1 - 2 Touch right to right side and hold
3 & 4 Scoot left right and touch left foot beside right

TOUCH LEFT, SCOOT, TOUCH RIGHT

5 - 6 Touch left to left side and hold
7 & 8 Scoot right, left and touch right foot beside left

FOUR 3 STEP SHUFFLES IN A BOX FORMATION

1 & 2 Three step shuffle with a 1/4 turn forward to your left shoulder
3 & 4 3 step shuffle with a 1/4 turn back to your left shoulder
5 & 6 3 step shuffle with a 1/4 forward to your left shoulder
7 & 8 3 step shuffle with a 1/4 turn back to your left shoulder

TOUCH, CROSS, TOUCH, CROSS, TOUCH MONTEREY TURN

1 - 2 Touch right foot to right side, step right cross left
3 - 4 Touch left to left side, step left cross right
5 - 6 Touch right to right side, pivot 1/2 turn to right shoulder and touch right beside left
7 - 8 Touch left to left side, step left beside right
1 - 8 Repeat above 8 steps

2 RIGHT KICK BALL CHANGES KICK, KICK, 1/2 TURN 3 STEP SHUFFLE

1 & 2 Kick right foot forward, step quickly onto right, step quickly onto left
3 & 4 Kick right foot forward, step quickly onto right, step quickly onto left
5 - 6 Kick right foot forward, kick right foot to side
7 & 8 1/2 turn 3 step shuffle to right shoulder (right-left-right)

2 LEFT KICK BALL CHANGES KICK, KICK, 1/4 TURN 3 STEP SHUFFLE

1 & 2 Kick left foot forward, step quickly onto left, step quickly onto right
3 & 4 Kick left foot forward, step quickly onto left, step quickly onto right
5 - 6 Kick left foot forward, kick left foot to side
7 & 8 1/4 turn 3 step shuffle to left shoulder (left-right-left)

REPEAT